

Scanning and Signaling

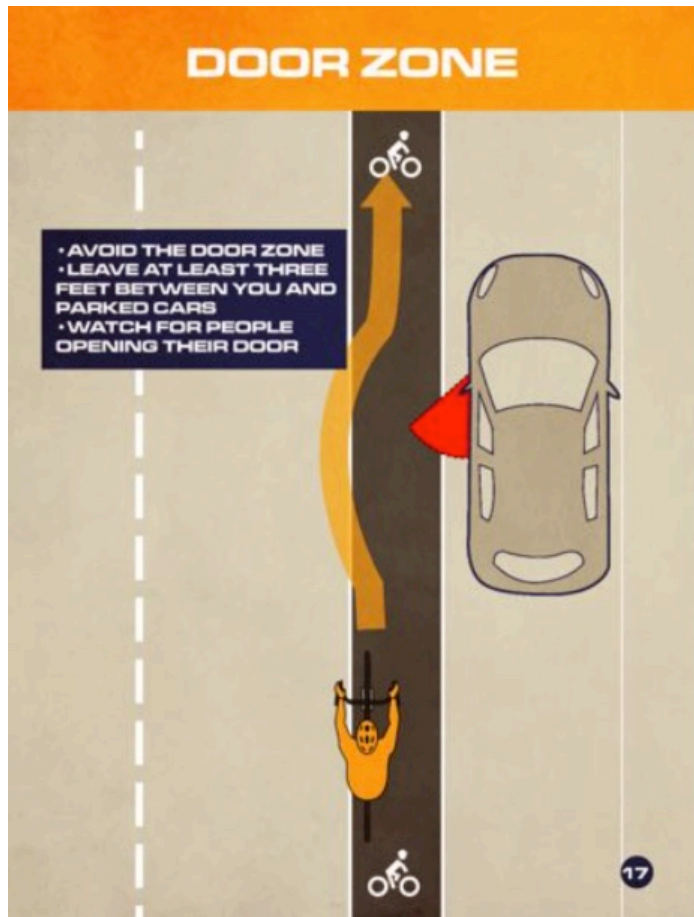
Key Points to Remember

- Scanning is critical to do, even if you have mirrors
- Scanning gives communication to drivers and other cyclists that you are planning to make a move
- Mirrors, while helpful to you, provide no communication to the other road users around you
- Before making any change in position
 - Look over your shoulder
 - Look up ahead
 - Signal your intention
 - Look over your shoulder again
 - Make your move once it's safe to do so
 - Most states require a signal at least 100 ft. before a turn
- Scanning without moving your handlebars takes practice.
 - Practice as often as possible in a safe place
 - Tucking your chin to your shoulder can be helpful to keep your shoulders from turning

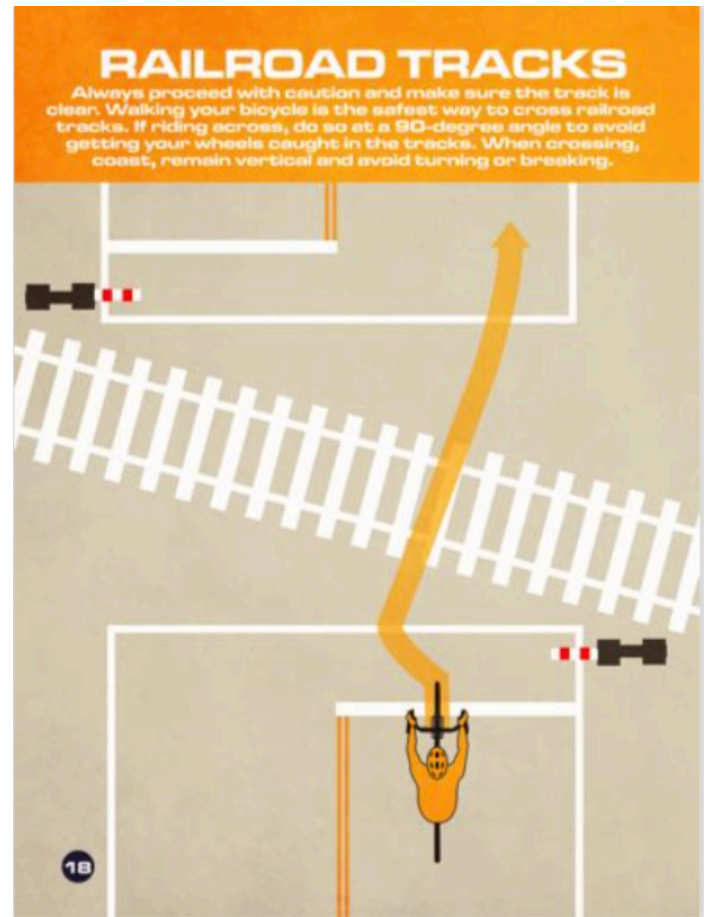


Some Additional Safety Tips . . .

Avoid the “door zone” of parked cars



Always cross RR tracks at 90° angle



Lock through your frame and at least 1 wheel if possible

Consider the area you are in when deciding what other security measures might be needed.

