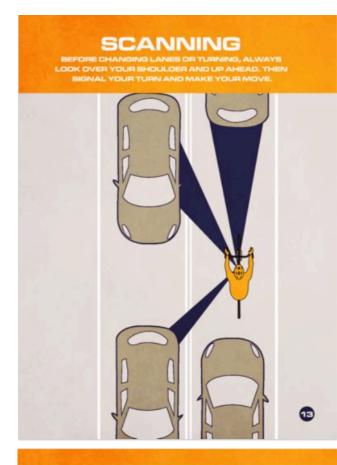
Scanning and Signaling



Key Points to Remember

•Scanning is critical to do, even if you have mirrors

•Scanning gives communication to drivers and other cyclists that you are planning to make a move

•Mirrors, while helpful to you, provide no communication to the other road users around you

•Before making any change in position

- Look over your shoulder
- Look up ahead
- Signal your intention
- Look over your shoulder again
- Make your move once it's safe to do so
- Most states require a signal at least 100 ft. before a turn

•Scanning without moving your handlebars takes practice.

- Practice as often as possible in a safe place

- Tucking your chin to your shoulder can be helpful to keep your shoulders from turning



MIRRORS

Mirrors are fine to use if you want to, but are not a substitute for scanning if you need to change lanes/move over, due to blind spots in their coverage





HANDLEBAR MIRROR

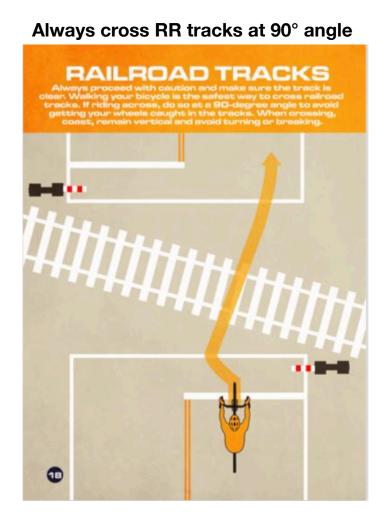
LENS MIRROR

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Some Additional Safety Tips ...

Avoid the "door zone" of parked cars





Lock through your frame and at least 1 wheel if possible

Consider the area you are in when deciding what other security measures might be needed.

LOCKING UP

Lock your frame and rear wheel to an immovable object using a U-lock and secure your front wheel with a heavy cable or chain. If the seat has a quick release, either replace it with a bolt or lock it to your frame with a short chain.

