Scanning and Signaling

Key Points to Remember

• Scanning is critical to do, even if you have mirrors
• Scanning gives communication to drivers and other cyclists that you are planning to make a move
• Mirrors, while helpful to you, provide no communication to the other road users around you
• Before making any change in position
  - Look over your shoulder
  - Look up ahead
  - Signal your intention
  - Look over your shoulder again
  - Make your move once it’s safe to do so
  - Most states require a signal at least 100 ft. before a turn
• Scanning without moving your handlebars takes practice.
  - Practice as often as possible in a safe place
  - Tucking your chin to your shoulder can be helpful to keep your shoulders from turning
Some Additional Safety Tips . . .

Avoid the “door zone” of parked cars

Always cross RR tracks at 90° angle

Lock through your frame and at least 1 wheel if possible

Consider the area you are in when deciding what other security measures might be needed.