

FLOWER CITY CYCLIST

NEWSLETTER OF THE ROCHESTER BICYCLING CLUB



Volume 47 Issue 2 March 2014



Spring Ride Banquet & Awards!

March 15th

*Christ The Good Shepherd Lutheran Church
1000 Winton Rd N.*

Ride at 2:00 pm (Map #194)

Dinner 5:00 pm (Bring a dish to pass)

See Page 1



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Spring Ride, Banquet & Awards Night

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Upcoming Events Summary

Board Meeting

March 11th
7:00 pm

Conference Room
Brighton Parks & Recreation Office
S. Winton Road

<http://goo.gl/maps/IKv54> (turn on the satellite view)

Follow the sidewalk to the western, S. Winton Road entrance.
Conference Room on the left next to the Parks & Recreation
Office. (No WiFi available)

Kickoff Spring Banquet

March 15th

Christ The Good Shepherd Lutheran Church
1000 Winton Rd N.

Ride at 2:00 pm (Map #194)

Dinner 5:00 pm (Bring a dish to pass)

Flea market space will be available

RBC Flat Tire Clinic

March 20th; 7:00 PM

Christ The Good Shepherd Lutheran Church
1000 Winton Rd N.

Frame Alignment Clinic

March 27th; 7:00 PM

Andy's Basement Workshop
contact:

Andy at: onetenth@earthlink.net

The Flower City Cyclist

Our Mission:

- > Teach and promote bicycling for transportation, recreation and health.
- > Preserve and proclaim the rights of bicyclists as operators of vehicles.
- > Schedule and and organize bicycle rides, tours and other activities on a regular basis.
- > Cooperate with other groups in promoting bicycling.
- > Advocate the use of approved helmets.
- > Advocate the safe and responsible use of appropriate lands for off-road cycling.

This Newsletter is published as scheduled below
by the Rochester Bicycling Club

Newsletter Deadlines:

Mar	Feb	15th	Issue 1
April	March	15th	Issue 2
May	April	15th	Issue 3
June	May	15th	Issue 4
July	June	15th	Issue 5
August	July	15th	Issue 6
September	August	15th	Issue 7
October	September	15th	Issue 8
Nov-Dec	October	15th	Issue 9
Jan-Feb	December	15th	Issue 10

Newsletter Advertising:

The Flower City Cyclist accepts paid ads and preprinted inserts. Paid ads will run for one issue. Copy and payment are due on the deadlines listed above.

Rates are:

1/4 Page \$10.00

1/2 Page \$15.00

Full Page \$25.00

Note: Members may place bicycle related classified ads at no charge. See the RBC Website for complete details.

THIS NEWSLETTER IS ONLY AVAILABLE VIA EMAIL:

Send your email address to:

RBCMembership@gmail.com

Contributing?

The editor accepts all bicycling related, member submitted articles, photos and artwork for the newsletter. Special consideration is given to RBC related activities, rides, special events and your personal experiences, cycling tips and adventures! Share your stories!

Submit articles to:

rbcnewz@yahoo.com

Announcements



Order New Jerseys On-Line

<http://rbc.wildapricot.org/Jerseys>

New DISCOUNTED Prices on OLDER Style Jerseys!

All sales final
No returns
\$25.00



Sizes available:

Women Small (4)
Women XL (1)

Contact:
Richard DeSarra
rdscomm@rochester.rr.com



RBC Awards Banquet

GET READY TO RIDE

Renew your membership, mark the calendar for March 15 and plan to be at the Christ The Good Shepherd Lutheran Church, 1000 Winton Rd. North at 2:00 for the Kick Off to the 2014 RBC ride season. We will ride in rain, snow, cold whatever mother nature has in store for us. As always it will be ride #194.

Price of admission is a dish to pass and the club will provide dessert. We will begin eating around 5:00. After dinner and dessert we will recognize members accomplishments with our Annual Awards program. By the way, we will also recognize some of our members follies with our humor awards. Last year the club got way to serious because we have very few humor awards. There is still time if you have a humor award.

Just contact Whitey at :

vhlink@frontiernet.net or call 738-1537.

So mark that calendar and we will see you on
March 15
Christ The Good Shepherd Lutheran Church
1000 Winton Rd N.

Announcements

Bicycle Safety Enforcement Training

Editor: The article that follows, an announcement that Richard DeSarra made at a Recent Board meeting regarding a region wide effort to educate Law Enforcement regarding bicycling laws.:

This has come to fruition as you can see by the following announcement:

Rochester - March 17-18
Westchester County - March 31-April 1

Event funded by a NYS Governor's Traffic Safety Committee (GTSC) grant.

New York Bicycling Coalition Role:

- represent bicyclists by addressing police officers at the beginning of the training on Day 1
- coordinate with local bike advocates to promote training to police departments (state police, sheriff's department, city/local police)
- assist GTSC and NYS DOH in developing continuing education materials
- develop resource packet and local contacts list for participating police departments
- coordinate with local bike advocates and police departments to encourage follow-up to training

Open to all Monroe County Police Departments



Instructor: Peter Fluck, President of <http://www.webike.org/>

Peter is a graduate of the University of Wisconsin-Stevens Point with a Bachelor of Science Degree in Recreation and Forestry and a minor in Environmental Law Enforcement.

Mr. Fluck was a law enforcement officer in the state of Minnesota for six years. For five of those years, he was a law enforcement ranger with Hennepin Parks (now the Three Rivers Park District), one of the largest metropolitan park systems in the country. While at Hennepin Parks, Mr. Fluck created one of the first police bicycle patrols in the state.

Editor: As you can see unfortunately it is open to Law Enforcement only. If it were available to citizens as well, what could be the result?

Announcements

RBC "Will Work for Food" Program

The RBC "Will Work for Food" program, better known as the Volunteer Dinner, has a new venue. We will host it at the Burgundy Basin. All you have to do is volunteer for one activity, yes just one activity and you earn a delicious dinner at the Burgundy Basin. How about:

- Baked Virginia Ham
- Chicken Marsala
- Rice Florentine
- Penne Pasta Marinara
- Tossed Salad
- Fresh Fruit Salad
- Fresh Baked Bread
- Coffee & Tea
- Ice cream



Now do I have your attention? So start thinking what you can volunteer for. Some suggestions:

- > Ride leader
- > Impromptu Ride Leader
- > Adopt a Highway
- > Staff the RBC booth at the ADK Expo
- > Assist with any of the RBC events

All qualify.

If you have any question just contact any Board Member and they can find a volunteer activity to qualify for the dinner.

Tip o' The Hat!



From One of Our Members

A BIG thank you and Tip o' the Hat from Mike Atwell to fellow riders as he temporarily leaves the RBC:

"Sorry to say I am being (temporarily) transferred to the Albany area so I will not be renewing my membership this year. I am grateful for all the support, friendship, advice and training from RBC's great members as I began to ride this year. I wish I could have participated more than I did.

I look forward to rejoining when I return to Rochester. I will be looking for a similar organization in Albany when I get there. I'm still a beginner so I hope they have the same patient, friendly and supportive type of riders there.

Enjoy your summer, and thanks again!"

Announcements

Welcome To Our New Members through January 2013

Camille Campanaro
Elizabeth Machmer
Maggie Symington
Zack Warren
Andy Zeiss
Ana Arango
David Arlington
Peg Beaulieu
Leslie Gacioch
Ellie Grionis
Jeffrey Kowalski
Thomas Lawson
Duane Michielsen Jr
Susan O'Brien
Keri Prok
John Stanford
Mike Ziehl

Clinics

After a number of years Bob Cooper teaching the clubs service clinics, he has moved on and Andy Stewart is taking the mantle. For 2014 we have 5 Clinics on the calendar and 1 bonus Clinic.

The "Flat Tire Clinic"

Offered 3/20, 5/27 and 7/29; 7 pm-9 pm

This clinic returns with the goal to help members learn how to handle the number one reason to stop your ride, the dreaded flat tire.

This will be a hands on session, attendees may bring in their own bikes, or just a wheel, and any tools/supplies they have. Wheel removal and reinstalling, tire and tube replacement, understanding the common causes of flats and

how to avoid them in the future, will all be covered.

"All About Your Bike" (New!)

Offered 4/17 and 6/19; 7 pm-9 pm

With the increasing complexity of modern bikes we see many riders who don't understand their steeds and how to get the most out of them. We'll try to describe the systems, components and accessories on the many road bikes we ride.

This will likely be a free ranging session and could drift from the outline depending on the attendees. There will be no need to bring a bike, just bring your questions.

Both of these clinics will be held at Christ the Good Shepherd Lutheran Church, at 1000 N Winton Rd. On the scheduled days we start at 7 pm and finish about 9 pm. Andy encourages potential attendees to contact him prior to the clinics for more details.

Frame Alignment

Thursday March 27, 7 pm

A one-time and never done before clinic, on the topic of frame alignment, is offered to a maximum of 4 attendees. This will be held in Andy's basement workshop, hence the limit on attendees. We will take a frame built by Dick Burns, a former club member, and measure it's alignment using the tools and methods that professional frame builders use. A discussion about the findings and possible corrective measures will be offered. Anyone who has an interest in how frames are built will find this clinic fascinating.

Attendees must contact Andy to confirm their place around the surface plate. This clinic is not on the calendar but will be held Thursday, March 27, starting at 7 pm.

Andy's email is onetenth@earthlink.net

July Lake Placid Ride - Bob Lechner

The weekend of July 11 thru 13 is a few months off, but now is the time to plan on going to Lake Placid for the second Annual Lake Placid Weekend. This is a wonderful weekend with all types of bike riding, and with many different road rides and mountain bike routes. Rides will range from easy, short routes to moderate length rides with some climbing to long routes with 10,000 ft. of climbing. There are lots and lots of options for riding in the mountains.



And for those who only want to ride a little there is always hiking, canoeing, and many other adventures in Lake Placid. Oh, did I mention the dining, many very good restaurants from the brew pub to a couple five star restaurants and everything in between. And our Social Director, who wishes to remain anonymous, is planning a great Saturday post rides party on the lawn at the motor inn.

Last year a dozen RBC Riders enjoyed a great weekend and got in lots of great riding. We had sun the entire weekend and we explored many different cycling routes.

Our home base for the weekend will be Town & Country Motor Inn 2200 Saranac Avenue, Lake Placid, NY 12946. Phone 518-523-9268 or info@tcmotorinn.com. Their web site is www.tcmotorinn.com. There are ten rooms set aside for RBC at \$99 per night with a minimum two night stay. Since our weekend will be during the Tour de France, we may be able to prevail on Bogdan, one of the owners to set up his TV in his shop out by the pool to watch the tour after our rides for the days we are there. Anna and Bogdan are great hosts and you will enjoy their hospitality.

This motor inn is very close to the Placid Planet Bike Shop and is within easy walking distance to the center of town.



There are many other lodging options in Lake Placid, just go on line and check all of them out. However the International Horse Show has been extended into the weekend of the 11th thru 13th so accommodations may be tough to get if you wait too long.

Make your reservations NOW and if you have any questions please contact Bob Lechner at boblechner@aol.com. If you plan on going please let Bob know.

Sage Ruddy Tour de Cure



The premier cycling event in the Rochester and surrounding regions, the Sage Ruddy Tour de Cure offers a memorable day of cycling and fun through beautiful hills along the outskirts of Monroe County. It also gives the rider the personal satisfaction of completing a challenging ride and doing his part in the fight against diabetes.

Whether you're a casual or avid bicycle rider, we have a route that matches your ability. Our routes are fully supported featuring and bicycle mechanical support along the way... you pedal and we take care of the rest!

When you cross the finish line you will be greeted by cheering volunteers and treated to a hot lunch, Rohrbach tasting garden, massage, music and much more!

Be part of the diabetes movement joining 2,500 riders raising \$1 million dollars in Rochester to Stop Diabetes!

DATE: Sunday, June 8, 2014

LOCATION: Monroe Community College

ROUTES: 3 mile Family Fun Ride
15 mile
25 mile
40 mile
62.5 mile
100 mile

FEE: Discount registration fee offered at the time of registration

MINIMUM: \$200 fundraising minimum required to participate

WEBSITE: <http://diabetes.org/rochestertour>

For more information on registering or volunteering:

Visit <http://diabetes.org/rochestertour>

Call 585-458-3040 ext 3473

E-mail Kelley Ligozio at kligozio@diabetes.org

The Long Road

How to Survive An Inordinately Long and Cold Winter

Winter can be tough on cyclists. We dream of sunny days and tailwinds. Pace lines. Chatting with friends on quiet backroads. Getting to work without slips or close drive-bys, Leisurely cruises on the canal trail. Journeys to exotic or remote lands. We steal away to southern locales to cheat the natural progression of the seasons. Maybe we gain back the weight we worked so hard to lose last year and dread getting dropped on the early spring kickoff ride.

Never fear ... spring ALWAYS returns and summer is close behind. But for now, as the sun begins to rise earlier but not soon enough, we wonder how to tolerate the chill of winter just a little bit longer.

The RBC "Night at the Movies" is a start. This winter, we had a couple presentations designed to inspire. Hopefully, you caught the show and ideas popped into your head for your next adventure.

Joe and Dana shared scenes and stories of their loop around Lake Champlain, proving that we have spectacular as well as peaceful and beautiful riding nearby. No need for exotic lands; we have it all right here.

A presentation of riding the Great Divide Mountain Bike Route followed. Brian fired up the video machine again and picked out a few (but by no means all) favorite clips from his summer tour through the Rockies on the worlds longest off-pavement bicycle route.

If you missed the show at MCC, or wish to see the rest of the clips that we didn't have time for, browse on over to <http://vimeo.com/album/2667532>. And if you missed Brian's journal of the adventure, you can find that at <http://www.crazyguyonabike.com/doc/sunsandsnowsky>.

If reading great adventure stories fires up your passion for cycling and travel, you might wish to visit the Bunyan Velo online magazine at <http://bunyanvelo.com>. Another great collection of cycling editorials can be found at <http://theridejournal.com>.

OK ... maybe watching and reading about biking isn't your thing. Maybe getting out and RIDING in the snow and cold is what you really need to cool your inner flame. Great! You're a candidate for a Fat Bike!

Learn all about the fat bike scene here at <http://fat-bike.com>. Bundle up, deflate to 5psi, and we'll see you out there!



Story and pic courtesy of Brian Managan

GREATER ROCHESTER EATING AND TANDEM SOCIETY (G.R.E.A.T.S.)



**Do you own a tandem and are
looking for other teams to ride with?**

The G.R.E.A.T. Society is comprised of a group of tandem enthusiasts in the greater Rochester, N.Y. area.

Our mission is to announce and/or provide opportunities for Captains and Stokers to get together for rides and events that are social in nature and that typically involve another favorite pastime of cyclists - the enjoyment of food!

For more information about G.R.E.A.T.S.

Call Mike Barber: (585) 507-7829

or go to: www.greatstandem.com

TOUR DE

DISCOVER
The Northeast Kingdom of Vermont
2014 - Up to 14 days of riding

KINGDOM



www.tourdekingdom.org

June Tour - Up to five days | June 4 - 8, 2014

June Double Century Challenge | June 7 - 8, 2014

September Connecticut River Tour | September 12 - 14, 2014

September Foliage Tour | September 24 - 28, 2014

Doin' the Dirt through "The Gut" | October 5, 2014

Hosted By:

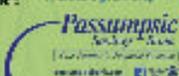
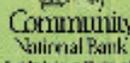


NET PROCEEDS SUPPORT NORTH COUNTRY HOSPITAL'S PATIENT CARE INITIATIVE FUND AND THE FOUNDATION CHRISTIAN VACATION

JAY PEAK
VERMONT

Sponsored by:

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SPORTS

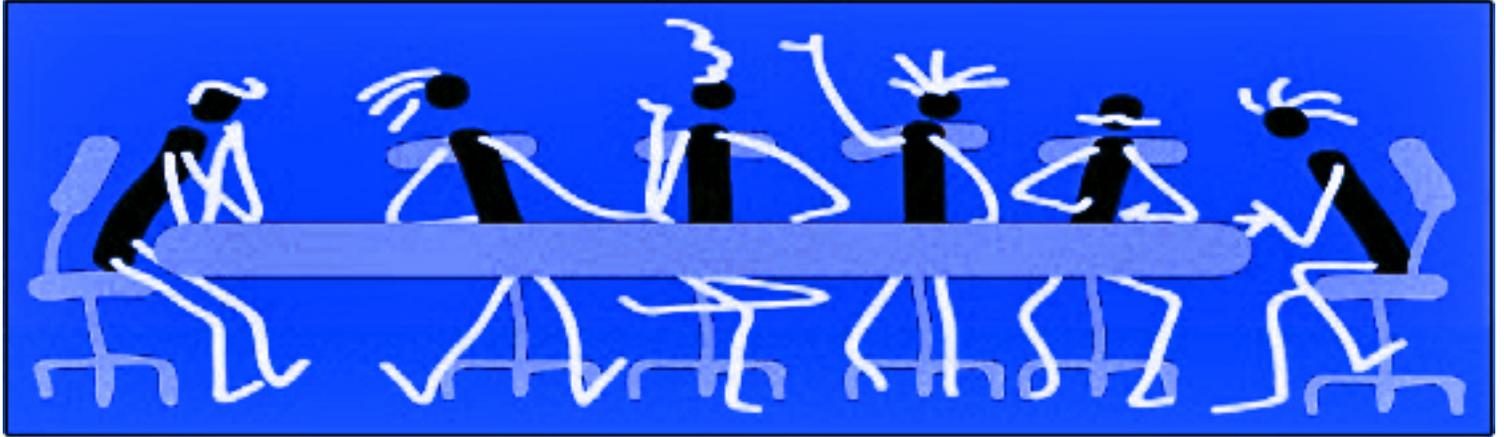


Supported by:



Art & Graphics: www.melanobiancamp.com

Board Meeting Minutes - Bill Crowe



RBC Board Meeting Minutes: December 8, 2013

Present: Whitey Link, Mark Robbins, Richard DeSarra, Brad Jensen, Bob Lechner, Cindy Fleischer, Andy Stewart, Elaine Mizzoni, Bill Crowe, Sara Ture, Bill Ture, Ginn Lee, Mike Harris

Meeting called to order at 7:00PM.

Old Business:

Approval of minutes for 11/3/2013 Board Meeting: Meeting Minutes Approved.

New Business:

Whitey and Brad attended the December 5th Rochester Regional Center for Design luncheon at which Richard DeSarra received the Betty Strassenburgh Award for Activism in honor of his 40 years of cycling advocacy. To quote the Center's web site, "This award, named in honor of Rochester activist Betty Strassenburgh, celebrates civic spirit, persistence and determination that translate vision into reality. It recognizes an individual who has made a personal effort to go beyond boundaries to achieve a goal. These efforts must have made a visible change in a community, and affected people's thinking about the need to pursue challenging paths toward a productive end." The board congratulated Richard for this prestigious award.

Letterhead for RBC Communication

The board decided that the template created by Mark Robbins with the RBC logo at the top of the page and the Club's mailing address at the bottom is sufficient to meet the Club's needs for letterhead stationery. Mark will distribute the template in both Word and PDF format to the board.

Winter Meeting

The date for the winter meeting is February 22nd at MCC. Presentations will be done by Brian Managan and Joe Voelkel and Dana Black.

Club Literature

The updated Sweep Ride and Slow and Easy ride schedules and the Sign-in sheet will be printed. The Club brochure will not be printed as many copies are still available from last year. The Ride Leader Guide will be updated and available with the members' materials on the web site. Since it will be available on the web site, the board felt there was no need to print more of these. A large number from last year are still available and very few changes are being made to it.

Continued on the next page >>>

Board Meeting Minutes - Bill Crowe

Sweep Ride and Slow and Easy ride schedules and the Club brochure are distributed to the local bike shops and made available at community events at which the Club participates.

Presentations by Commercial Entities to the Club

Lattimore Physical Therapy recently offered to present a talk about prevention of cycling injuries to the Club. The possibility of having them talk at the Winter Meeting at MCC was investigated but MCC does not allow "for profit" organizations to present at an event for a "non-profit" organization. There was much discussion on whether or not the Club should have a policy of accepting offers like this from for profit entities. While there would likely be plenty of interest by our members in the subject of the proposed talk, the board is not sure this is the kind of activity it wants to encourage. One idea was to promote similar activities when they are held at one of the local bike shops. Another idea was to suggest interested companies consider placing an ad in the newsletter as an alternative to a presentation. In the end, it was decided to discuss each of these kinds of offers on a case by case basis.

Meetup.com Presence

Elaine suggested a presence by RBC on Meetup.com might be a good way to attract new cyclists to our Club. Other organizations have had great success doing this. After some discussion on exactly what kind of presence would be appropriate and what it would take administratively, Elaine agreed to investigate further and report back to the board with more information and a proposal.

RBC Facebook Page

Todd Calvin has asked to step down as the administrator of this page. Sara Ture offered to become the new administrator.

Board Meeting Dates

Much discussion occurred regarding several board members having a preference for a day other than Sunday for board meetings. A change may require a different location be found. Sara and Bill Ture will investigate alternative sites and days.

CD Cost

A motion was made to raise the price of an RBC CD from the present \$5 to \$15. The motivation for the increase is to encourage members to download the members' materials from the web site rather than receive the Club CD through the mail. The long term goal of the board is to discontinue the production of the Club CD. For 2013, seventy-one CDs were mailed to members. The motion was defeated and the price remains at \$5.

Committee Reports:

Memberships: Cindy reported a few new memberships during the last month.

Treasurer's Report: Dave could not attend the meeting but emailed a report to the board. Below are highlights of that report.

Balances

Checking account balance \$7624.63

PayPal Balance \$157.77

Investment Account \$19,657.00 (9/30/13)

Continued on the next page >>>

Board Meeting Minutes - Bill Crowe

Expenses

Post office box rental paid, \$78.00

Major Upcoming Expenses

MCC room rental for media show \$226.

Insurance ~\$1300

Legal retainer \$100

Meeting room (church) \$125

There has been a change to our Key Bank checking account due to a new fee structure that resulted in a \$3.00 to \$10 monthly fee being imposed on our account. The account was changed from a "personal" account to Key Bank's Basic Business Checking. This change allows us to avoid the bank fees with the following caveats.

Maintain a minimum balance of \$2500.00 (avoids a \$7.00 monthly maintenance fee)

Receive monthly account statements electronically (avoids a \$3.00 monthly paper statement fee).

Publicity: Letters were recently mailed by Mark to the local bike shops in regard to ascertaining discounts for RBC members.

Challenge Ride Picnic: Bob Lechner reported that he will contact the town of Farmington right after Jan. 1 to reserve the pavilion for July 27th.

Lake Placid Weekend: Bob Lechner reported he has scheduled the 2nd Lake Placid weekend for the weekend of July 11 - 13.

Rides: Bill and Sara plan, in the near future, to send an email to the membership encouraging people to sign up for rides still needing leaders. They also told the board that there will be some "jersey rides" this year at which Club jerseys will be available for purchase.

Advocacy: Richard reported that, as of now, he has no nominee for the RBC Bicycle Transportation Community Recognition Award which Nu-Look Collision received for 2012. This award is given to a Rochester community organization that promotes bicycling for transportation or bicycle safety in the community. Anybody with a proposal for a worthy nominee should contact Richard DeSarra.

Jerseys: No new sales in the past month. Elaine let it be known that the fit on the women's jerseys is not satisfactory for some of our female cyclists. She offered to investigate another jersey vendor for possible group or individual orders of the RBC design jersey.

Maps: Ginn reported he has received submissions for 9 new maps and revisions for several existing maps.

Statistics: Brad said he will post to the web site final 2013 statistics for Club rides in the next week or so. He will also write an article for the newsletter on the same subject.

Web Site: Brad let it be known that any board member who wishes to communicate to the RBC membership via email can have his or her announcement or message included in the email that announces each issue of the newsletter. Board members should contact Brad to do so.

Next Meeting: The next board meeting will be held at 7PM on January 12th.

Meeting was adjourned at 8:20.

Minutes submitted by Bill Crowe, Secretary RBC Board Meeting Minutes: 1/13/2013

Board Meeting Minutes - Bill Crowe



RBC Board Meeting Minutes: January 12 , 2014

Present: Whitey Link, Mark Robbins, Richard DeSarra, Brad Jensen, Dave Natrop, Cindy Fleischer, Andy Stewart, Elaine Mizzoni, Bill Crowe, Sara Ture, Bill Ture, Scott Wagner

The meeting called to order at 7:00 PM by President Whitey Link.

Approval of minutes for 12/08/13 Board Mtg: The meeting minutes were approved with no changes.

Committee Reports:

Website: Brad reported the following:

The local bike shops will be sent special emails with a link to the newsletter this year. The email will include information of interest to the bike shops such as who to contact about advertising in our newsletter and who to contact to re-stock club brochures.

The Club has about 500 blank CDs in stock. With the thinking that the Club will be burning very few of these CDs in coming years (as it is assumed most all will download the content from the Club website), Brad proposed selling all but 200 of them at a price of \$30 per 100 CDs. That motion was approved.

Treasurer's Report: Current checking account balance is \$8000.54. The investment account balance is \$19657.

Memberships: Cindy reported the following: People paid membership dues in every month of 2013 and membership increased to over 640 people in 2013. Both seem to be attributable to the much improved RBC website and the ability to join online.

Currently there are 13 family memberships and 39 individual memberships already paid for 2014.

Membership renewal notices to 2013 members will be automatically mailed by the website beginning on January 15, and approximately every two weeks until March 1st. Once a member renews, they will no longer receive renewal notices. Lifetime members will be sent a notification that they are a member in good standing and asked to check the "2014 Liability Waiver."

Member at Large: Board member Andy Stewart stated the Ride of Silence will be Wednesday May 21st this year.

Education: Scott is working to schedule Club Education workshops for the coming season. He did state that he is organizing the second Rochester Bicycle Film Festival for the evening of Tuesday May 20th during Bike Week.

Continued on the next page >>>

Board Meeting Minutes - Bill Crowe

Advocacy: Richard reported that the Genesee Transportation Council has updated their Greater Rochester Area Bicycling Map and it will be printed this spring.

Publicity: Mark sent letters to all local bike shops in December in regard to ascertaining discounts for RBC members. All have responded in the affirmative.

An RBC presence at various festivals and events was discussed. The Club will definitely be at ADK Expo. A presence is being considered at the Rochester Bicycle Film Festival and at Spokes and Ink.

Rides: Sara and Bill reported good progress in seeing ride leaders sign up for the 2014 Ride Calendar. Only 60 rides still need ride leaders at this time.

Old Business:

Meetup.com Presence

Various options were discussed as to how the Club might use Meetup.com to attract more people to Club rides and, by doing so, grow our membership. Some organizations post their entire event schedule to Meetup while others post only a subset or merely direct those interested to their organization's web site. Finally, it was proposed in the form of a motion to use the Meetup site as a portal to direct potential cyclists to the Club web site. No more than \$19 per month is to be spent to have Meetup.com host the Club portal. The motion was approved. Elaine will work on the actual content for the Club's page on Meetup.com.

As a means of measuring the number of new members the Club eventually acquires through this Meetup presence, a decision was made to add a question to the Club membership application to ascertain how the applicant first became aware of RBC.

New Business:

Donation to New York Bicycle Coalition (NYBC): For several years, the board has decided to make a donation to NYBC. A motion was made to donate \$400 for 2014. The motion was approved.

Meeting Room: Several board members dislike the Sunday evening board meeting time. Sara investigated other possibilities and informed the board of a possible meeting room at the Brighton Recreation facility. The room can only be booked three months at a time and the rate is \$12 per hour. A motion was made to book this room for the February and March meetings on the second Tuesday of each month. The motion passed. Richard volunteered to book the room as soon as possible.

Challenge Ride: Possible future changes to this event were discussed. Due to the drop off in interest in after dark riding in recent years, the possibility of limiting the after dark riding to a few hours rather than all night was raised. Also discussed was moving the venue of the event. Mendon Ponds Park was mentioned. The date for this year's event is July 19th pending approval of the 24 hour permit by the town of Farmington. Originally the date was to be July 26th but the picnic pavilion was already booked when Bob Lechner attempted to book it.

Brad asked that all web site and CD content be sent to him in final form by March 7th.

Scott told the board of a Lake Avenue Improvement Project which will reduce Lake Avenue north of Kodak Park to two lanes with bike lanes in each direction. There is sizable vocal opposition to this. A petition on Change.org has been created to let Joe Robach know of those who support this project. Scott asked board members to consider signing the petition and to share it with others.

Next Meeting: The next board meeting will most likely be held at 7PM on February 11th in Brighton. This will be confirmed soon.

Meeting was adjourned at 8:45 PM.

Minutes submitted by Bill Crowe, Secretary

Want Ads

The new RBC website now also hosts a "classified section." You may post or purchase items there. Go to RochesterBicyclingClub.org and click on "Members Area, Forums, Classified Ads."

Bicycle Cases for Rent to Club Members

Going on a bicycle tour and you need to ship your bicycle via air, water or ground transportation safely?



The club has cases for rent to our members at \$2.50 per day.

These are hard cases to protect your bicycle from damage.

Details on our rental agreement are on your club's CD.

To rent the cases contact Cynthia Cooper, 359-1424

ccooper@rochester.rr.com

CANNONDALE SYNAPSE CARBON \$1500

Frame	Synapse Carbon
Fork	Synapse S.A. V.E. Ultra Carbon
Frame size	58cm
Rims (NEW)	Shimano Ultegra 6700 Tubeless
Tires (NEW)	Hutchison Fusion Tubeless
Front/Rear Derailleurs	Shimano Ultegra 6700
Brakes	Shimano Ultegra 6700
Brake/Shift Levers	Shimano Ultegra 6700
Cables	GORE Ride On Professional
Crank	Shimano Ultegra 6700 Compact 50/34
Rear Cassete	Shimano Ultegra 6700 11-28
Chain	Shamino Ultegra 6700

Great Condition, Pedals not included

Call 585 202-9763



Jersey For Sale

Brand new, never been worn.

<http://www.water.org> jersey (still has the tags on it).

The jersey and packaging say XL, but it is really a small-medium by my measurements.

It has a full front zip and of course, three rear pockets.

I paid over \$100 for it, but would like to recoup some of my loses.

A nice vibrant jersey.

\$70/OBO

Call or e-mail me with any questions:

Michael Friedland

585-202-0053

mfriedl1@rochester.rr.com



Jersey Front



Jersey Back

FOR SALE:

1999 Schwinn Paramount, 56cm. Hand built by Curt Goodrich <http://www.curtgoodrich.com> with Reynolds 853 steel tubing. It's the 463rd of about 750 bikes that Curt built. Components are a mix of Dura-Ace and Ultegra. A truly fantastic ride. Can be seen and ridden at Mendon Cyclesmith.

Contact for questions is David Snyder, 943-4050. doorknob@rochester.rr.com Asking \$1,100 / OBO

Want Ads

For Sale

Cannondale R1000 -Low miles

- > Carbon Fiber Fork
- > CADD8 Frame
- > Carbon Fiber Tru-Vativ Crank (triple)
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- > Carbon Fiber Seat Stem
- > Carbon Fiber Pedals (included)
- > SLK titanium Seat
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- > @17 lbs.

\$1699 or best offer

Dale Vanocker 227-7218 - rbcnewz@yahoo.com



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Members may place bicycle related classified ads at no charge. See the RBC Website for complete details.

Paid Ad

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Don't let sore muscles slow you down!

Albert Dedicke, Licensed Massage Therapist

Specializing in massage for muscle pain

Roc City Wellness

1598 Penfield Road

Roccitywellness.com

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dnatrop@gmail.com

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880-7643
srwagner@frontiernet.net

Maps

Ginn Lee
381-0579
rbcmaps@gmail.com

Membership

Cindy Fleischer
924-8585
RBCMmembership@gmail.com

Newsletter Editor

Dale Vanocker
227-7218
rbcnewz@yahoo.com

Publicity

Mark Robbins
924-5982
markerino@rochester.rr.com

Rides

Bill & Sara Ture
227-1149
rbcridesfun@gmail.com

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bkjensen99@yahoo.com

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657-7326
BobLechner@aol.com

Andy Stewart
654-7788
onetenth@frontiernet.net

Elaine Mizzoni
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ebmizzi@aol.com

Mike Harris
770-8258
mlharris1969@gmail.com

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hwalck@rochester.rr.com

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vhlink@frontiernet.net

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bkjensen99@yahoo.com

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justpef@gmail.com

Road Advocacy

Richard DeSarra
461-5363
rdscomm@rochester.rr.com

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338-3629
steven.wowkowych@gmch.com

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330-2371
michael.stanton@xerox.com

Social Rides

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507-7829
bikerochester@rochester.rr.com

Sweep Rides

Andrew Henke
797-5641
ahenke1@yahoo.com

Web Site

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872-4468
bkjensen99@yahoo.com

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359-1424
ccooper@rochester.rr.com

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hwalck@rochester.rr.com

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Ride information
Club Representative
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314-7432
tc Calvin001@hotmail.com

Legal

Mark Bezinque
Times Square Building
45 Exchange Blvd., Suite 1000
Rochester, New York 14614
(585) 325-5110
mark@bezinque.com