



# Rochester Bicycling Club

## Flower City Cyclist

Volume 51, Issue 9 Nov - Dec 2018

**Volunteer Dinner, November 9th, 6:00 pm at Glendoveers**



### **This Month's Teaser...**

*What year did our Founder, George Rennie pass away  
and what became of his bike shop?*

**Find the answer upside down on page 6**

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## Upcoming Events

### *Volunteer Dinner*

Friday, November 9, 2018 at 6:00 pm

*Glendoveers Restaurant*

*2328 Old Browncroft Blvd, Rochester, NY 14625*

**[MAP]**

### *Board Meeting*

12 November 2018 at 6:30 pm

*Legacy, 40 Willow Pond Way, Penfield, NY 14526*

### *Board Meeting*

10 December 2018 at 6:30 pm

*Legacy, 40 Willow Pond Way, Penfield, NY 14526*

## The Flower City Cyclist

### Our Mission

- 1) *Teach and promote bicycling for transportation, recreation and health.*
- 2) *Preserve and proclaim the rights of bicyclists as operators of vehicles.*
- 3) *Schedule and organize bicycle rides, tours and other activities on a regular basis.*
- 4) *Cooperate with other groups in promoting bicycling.*
- 5) *Advocate the use of approved helmets.*
- 6) *Advocate the safe and responsible use of appropriate lands for off-road cycling.*

**This Newsletter is published by the Rochester Bicycling Club in 10 issues, as scheduled below.**

<i>Month</i>	<i>Submission Deadline</i>	<i>Issue #</i>
March	Feb 15th	Issue 1
April	March 15th	Issue 2
May	April 15th	Issue 3
June	May 15th	Issue 4
July	June 15th	Issue 5
August	July 15th	Issue 6
September	August 15th	Issue 7
October	September 15th	Issue 8
Nov-Dec	October 15th	Issue 9
Jan-Feb	December 15th	Issue 10

### Newsletter Advertising:

The Flower City Cyclist accepts Paid Ads and Preprinted Inserts for this newsletter through this web mail link below. These ads will run for one issue. Copy and payment are due by the deadlines listed above..

Rates are:

1/4 Page	\$10.00
1/2 Page	\$15.00
Full Page	\$25.00

Note: Members may place bicycle related classified ads at no charge. See the RBC Website for complete details.

### Contributing?

The editor accepts all bicycling related, member submitted articles, photos and artwork for the newsletter. Special consideration is given to RBC related activities, rides, special events and your personal experiences, cycling tips and adventures! Share your stories!

Submit articles to:

[rbcnewz@yahoo.com](mailto:rbcnewz@yahoo.com)

# Membership Chair

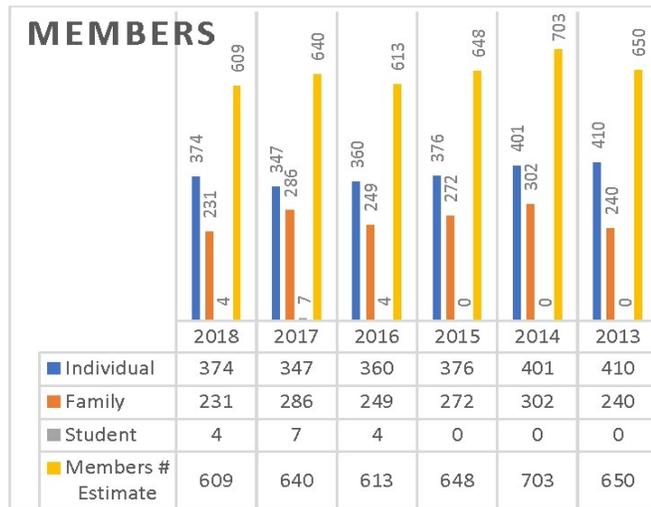
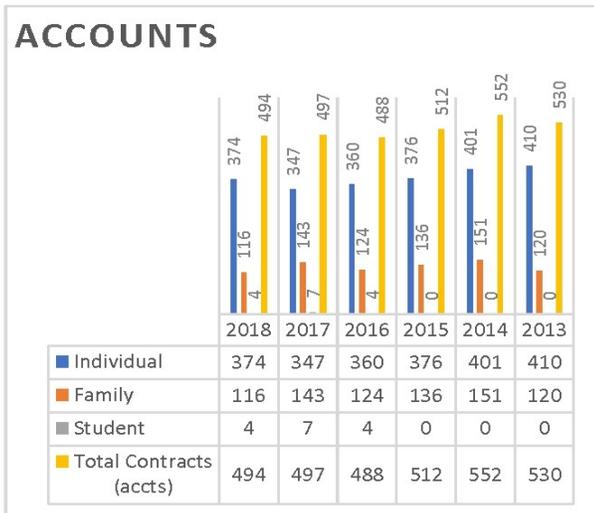
## RBC Membership Report – Oct 12, 2018

The club currently has 609 members.

### 6 Year Trend

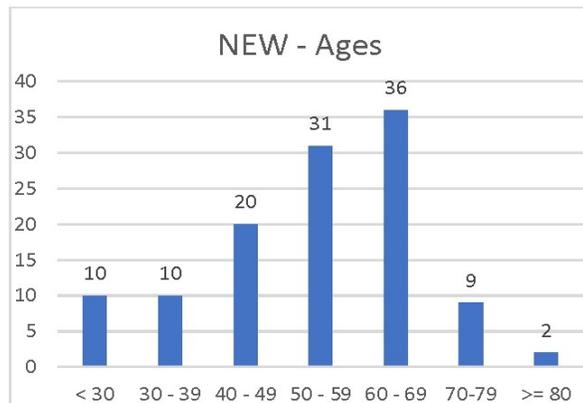
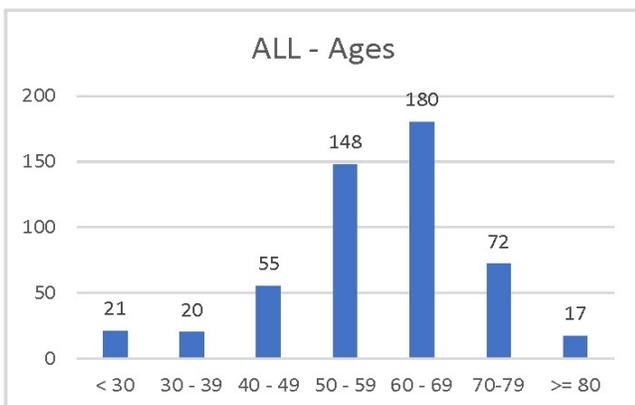
See trend 2018-2013. (Calculated retroactively based on membership invoices)

In 2018, with dues change / increase in the differential cost for family, many changed family accounts to individual at renewal time. This appears to be contributing to a lower member count. The number of individual accounts increased, and total number of accounts barely changed.



### Our Ages

Our age distribution is varied, but majority are in their 50s and 60s. Most of our new or returning members are in that age group also. Cycling in a club takes a lot of time, and many people get into the sport later in life because it's easy on the joints. Many baby boomers are in or approaching retirement.



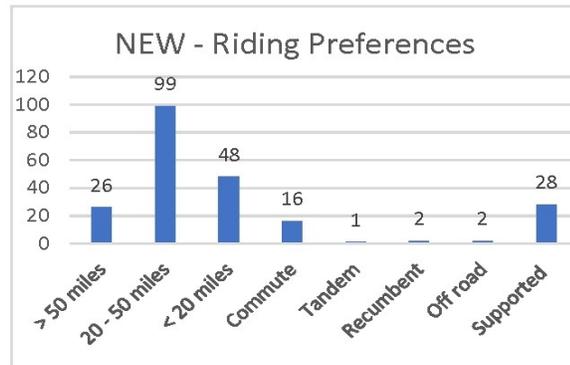
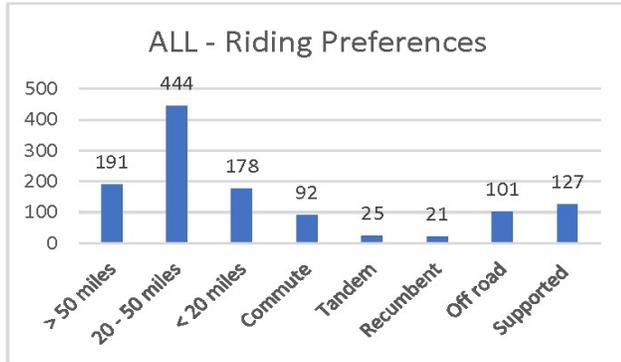
New or returning members – 135 joined in past year or returned to club after a lapse (after Oct 11, 2017)

# Membership Chair

RBC Membership Report – Oct 12, 2018

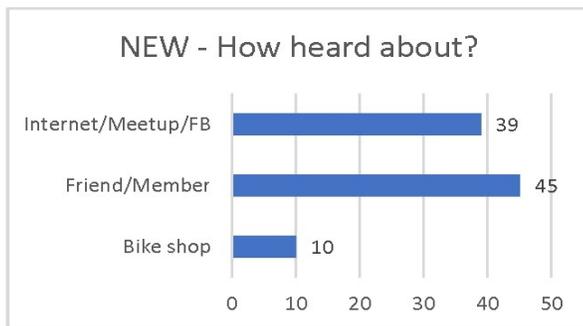
## Our Riding Preferences

The majority prefer rides in the 20-50 mile range, with a significant number who do rides that are > 50 miles or < 20 miles. A notable number do off road riding as well as road cycling. Many commute, and some ride tandems or recumbents. At time of joining, many express interest in Supported Rides.



## How New Members Hear About RBC

Most hear about the club through friends or members. This rings true for new members too. A significant number of new members found out about the club on-line (internet, Meetup, or Facebook.)



## Outreach

In the past year, efforts have continued to encourage those on RBC Meetup who were not members to join the club. Additionally, outreach continues to individuals riding with the club with lapsed membership. Both have been successful. The number of frequent riders who are not paid members is monitored and very small.

# Announcements

## RBC Election and Annual Business Meeting

This year's Election and Annual Business Meeting was held on Thursday, October 11th from 6:30-8:30 PM.

The following members have been elected to the Board of Directors..

### 2019 RBC Board Slate

President.....	Paul Knerr
Vice President.....	Brad Jensen
Secretary.....	Greg Turner
Treasurer.....	Dana Black
Past President .....	Todd Calvin
Membership .....	Kathy Riegel
Rides .....	Steve Riegel
Maps.....	Otto Muller-Girard
Publicity .....	Mark Robbins
Education.....	Andy Stewart
Newsletter .....	Dale Vanocker
Member at large.....	Nancy Rohlin
Member at large.....	Veronica Benzing
Member at large.....	Wendy Romano

*We thank all members who attended!*

# Announcements

## Seen at the NYSBC Summit



**These four woman were panelists at the New York Bicycling Coalition 2018 Bike Summit.**

Left to Right Back row, Natasha Rogers Dailey, Tracey Giannoni-Austin, Karen James-Rogers, Front row, Susan Levin (seated).

## Seen on the Road



After being at Strong, followed by rehab in Schenectady, Bob came home (again) on Sept. 26 after spending two weeks at the Syracuse Spinal Cord Injury Center.

Do you want to bring a smile to his face? Let's pack his mailbox with welcome home/encouragement cards!

Send to: [6251 Murphy Dr, Victor, NY 14564](mailto:6251MurphyDr@VictorNY14564.com)

It has been amazing to see how the cycling community has come together to support Bob and his family. He's done so much for the club and our community.

If you would like to help financially:

**A Go Fund Me account** was established by his family. Early on, it became clear that medical insurance was limited in situations like this. For more information, go to:

<https://www.gofundme.com/fxvrf9-bob>.

**An Equipment Fund** is being coordinated by a friend to help with many costs of life going forward. For more information, contact Cindy Fleischer at:

[cindyf1216@gmail.com](mailto:cindyf1216@gmail.com).

Keep the positive energy and prayers going!

**Teaser Question: What year did George Rennie pass away, and what became of his bike shop?**  
Answer: Club founder George Rennie passed away in 1979 after a long battle with cancer. His bike shop on Alexander St continued to remain open for several years by Jack Kemp eventually moving to East Ave across from Wegmans before it finally closed.  
Jack Kemp then joined Pedallers Bike Shop as a "wrench"!

# ***NYBC Summit Report***

## **Report from 2018 New York Bicycling Coalition Summit**

**Saratoga Springs: September 27-29**

**by: Lisa Roberts and Mark Robbins**

**We** had the opportunity to attend this year's NYBC Bike Summit held at the iconic Gideon Putnam Hotel in Saratoga Springs. For those not familiar with NYBC The NYBC, established in 1990, is a **statewide organization that works to ensure all New Yorkers are able to ride a bicycle safely for transportation, recreation, and tourism. NYBC provides education on safe cycling, advocacy support for local organizations, technical assistance for planners and transportation authorities, and support for bicycle-based tourism across the State.** Among the many sponsors for this year's Summit were **seven NY State Agencies** including the Dept. of Transportation, Dept. of Environmental Conservation, Governor's Traffic Safety Committee, NYSERDA, etc.

Upon arrival the afternoon of 9/27 we were treated to a bike tour of some of the sights of Saratoga Springs followed by dinner at the Gideon Putnam. Sept. 28th was a day of Panel Presentations, Roundtable Discussions and Workshops. Attendees were able to choose sessions that were of particular interest to them. We'd like to share with RBC Members a bit about the sessions that we attended.

**Lisa's Sessions:** I attended sessions with the common theme of what is shaping the future of bicycle riding. My goal in attending the summit was to gain exposure to the broad range of bicyclists that exist throughout New York State, and I was most impressed with the large number of attendees from the Rochester area, which has a very diverse bicycling population, and an increasingly urban ridership.

**Advancing Bicycle Tourism throughout NYS:** The panelists spoke about ongoing efforts to attract and accommodate bike tourism as a means to drive regional economic development. Communities near the Erie Canal are leading the effort to publicize bike friendly businesses, and historical or educational opportunities, especially in small towns which motorists do not visit. **Takeaways:** Smart towns and cities recognize the spending power of bicyclists and are attempting to attract them.

**Empowering Women to Ride with Education and Targeted Outreach:** The summer of 2017 was the inaugural year of the Rochester Women's Bike Festival. Rochester is the only city in the state to hold a bike festival focusing on women riders. The objective was getting more women on bikes for transportation, focusing on lower income women and women of color. **Takeaways:** The audience for women's bicycling is not only recreational riders. A bicycle can help women gain employment and are increasingly becoming a sole means of transportation in many urban areas. The presentation encouraged other communities to get involved, resulting in a discussion of the possibility of a state-wide women's bike festival.

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## ***NYBC Summit Report***

**Energizing the E-bike Movement in NYS:** The fastest growing segment of bicycle sales are e-bikes. New York City now allows Class I e-bikes on bike trails and streets. A Class I e-bike is defined as a pedal assist bike, it provides a power assist when the rider pedals. These bikes do not have throttles, and the pedal assist shuts off when the bike reaches a speed of 14.5 miles per hour.

**Takeaways:** Many factors are driving the popularity of e-bikes. They are overwhelmingly popular among commuters and bike share users and are a growing segment of the overall bike riding population.

### **Moving Mountains: Mountain Biking and the Rise of E-Bikes on NYS Trails:**

A representative of IMBA (International Mountain Biking Association) discussed the growth of e-bike riders and resulting mountain biking trails designed for Class I e-bike in various states. The head of the Lake Placid Barkeater Trails Alliance discussed the challenges presented in his community, where e-mountain bikes are not yet allowed on trails. Both agree that monitoring trail use is not practical, and e-bikes will appear on all trails. **Takeaways:** E-bikes are here to stay, mountain bike trail designers need to adapt and continue to learn how to make sustainable e-bike trails. Possible solutions include designating trails specifically for e-bikes.

**Mark's Sessions:** I chose sessions that were in line with interests I have in the areas of: bike/ pedestrian planning on a local level, bike law, the environment, and challenges that bike club's face.

**Telling Your Story: Sharing Strategies and Tactics for Overcoming Barriers to Advance Biking in Your Community.** This was of particular interest to me as I plan to participate in the future development of a Bike Pedestrian Master Plan in my home town of Victor. Panelist Mark King of the Mohawk Hudson Land Conservancy shared many of the strategies employed in developing support for the completion of a 7 mile section of Rail Trail between Vorheesville and Albany. Hector Chang, Active Transportation and Bikeshare Coordinator from Bike Walk Tompkins talked about overcoming obstacles to the completion of Ithaca's Waterfront Trail over the period 2000 – 2015, the Streets Alive Ithaca program, and Ithaca's Bike Share program. Dave Zornow, project manager for the Greater Nyack Bike/Walk Master Plan, presented on the many obstacles faced in the completion of their Bike/Ped Master Plan.

**Takeaways:** Multiple strategies need to be employed to overcome barriers including coalition building and ongoing outreach to the public including Stakeholder Groups.

**Bikes, Energy and the Environment: Working Toward a Low Carbon Future:** Bicycling can certainly help to reduce carbon emissions. NYS has committed to uphold the goals of the Paris agreement and is pursuing reduced emissions thru a number of initiatives including a statewide plan for shared mobility.

**Takeaway:** Cyclists and cycling organizations can become active in soliciting the support of public officials to make communities more bike friendly; Scott Wagner, a panelist in this presentation referred to the European Cycling Federation (ECF.com) as a great source of information on ways that bikes and bicycling can play an important role in the efforts of modern cities to reduce emissions.

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## ***NYBC Summit Report***

**Bike Law:** Steve Vaccaro, Esq., spoke about the accomplishments of StreetsPac, an organization he helped to Found, which seeks to effect change by endorsing candidates for public office who are committed to safe streets for all. Dan Flanzig, a leading Bike Attorney, spoke about the role that technology (e.g. -use of GoPro and other cameras, data available thru programs like Strava) can play in the adjudication of bike crash cases.

**Takeaways: By supporting candidates who are “bike friendly” we can make a difference in our communities; If involved in a bike crash act quickly to secure any “evidence;” consult a Bike Attorney, as appropriate.**

**The Changing Face of Bike Clubs:** Discussion centered on the challenges in attracting new members that bike clubs across the state are experiencing and strategies and tactics for attracting a younger, more diversified membership base. Examples of strategies shared during this session included: Offering training in group riding skills; a “century” training program whereby the club offers rides of increased distance toward the objective of participants, including **new** riders, being able to ride a “century.”

**Takeaways: Problems that clubs are experiencing seem quite similar across the state and each club needs to try to identify strategies to maintain their membership base.**

**In Summary:** We felt that this year's Bike Summit was very well organized and offered a great opportunity to learn about important current bicycling issues. We'd encourage others to consider attending future Bike Summits. Last, we'd like to give a big shout out to the city of Rochester which was **very well represented** at the Summit. In particular, we were thrilled to be present when Richard DeSarra and Harvey Botzman were recognized by NYBC for their Lifetime Achievement as Cycling Advocates!



**NYBC awards Lifetime Achievement as Cycling Advocates to:**

**Left: Harvey Botzman**

**Center: Unknown**

**Right: Richard DeSarra**

## Announcements

**Welcome to our New or  
Returning Members  
as of November 2, 2018**

Stephen Fielding  
Susan R Reed  
Debbie Sullivan  
Rahul Zutshi



**Needed for 2019**

### **Humorous Awards Ideas**

The Awards Committee is always in need of awards for our 2019 Spring Banquet. We also like to recognize people who go way “above and beyond”.

So when you’re out riding this year keep your eyes open for those special incidents that merit recognition.

Make a mental note, and when you get home drop me a quick email at:

[bkjensen99@yahoo.com](mailto:bkjensen99@yahoo.com)

I’ll take it from there...

## **Bicycle Cases for Rent to Club Members!**

Going on a bicycle tour and you need to ship your bicycle via air, water or ground transportation safely?

The Club has cases for rent to our members at \$2.50 per day.

These are hard cases to protect your bicycle from damage.

Details for renting the cases and the bike and rental sign-up agreement can be found on our website:

<https://rbc.wildapricot.org/event-2930100>



## Announcements



### RBC Tour de Cure Team

Last year, the RBC Tour de Cure Team had an outstanding first year in the Rochester Tour! With 31 participating team members and a total of \$12,009 raised to improve the lives of those living with diabetes, we were one of the leading teams in the Rochester Tour. When statistics were totaled and the Awards Night took place at the end of September, the Rochester Bicycling Club Tour de Cure Team ended up in 4<sup>th</sup> place in our category, and we received the Rookie of the Year Award. We are so proud to be such a large part of the Rochester Tour de Cure, and to represent RBC in this large cycling event.

Registration is now open for the Tour de Cure on June 8, 2019. Team RBC is planning to show up strong again this year, and we would love to have you on our team! Here are a few reasons to join NOW:

- Training opportunities! Midtown Athletic club will be offering indoor training in their cycling studio on Saturdays and Sundays, from January through mid-April, free of charge for all registered riders. Tryon Bike will be offering indoor training. Stay tuned for details--bring your bike and a trainer (or borrow one of their trainers.)
- The Kick-Off party is on March 5 at the Downtown Holiday Inn, with a complimentary dinner. This is a fantastic opportunity for our team to reserve a table together, spend some time building team spirit, and listen to some inspiring speakers. We had a fantastic time last year!
- Registration for the Tour is currently \$10. This fee will increase after December 31. So, register now and save!
- There is a ride for everyone--routes of 3, 15, 25, 40, 62 and 100 miles. Pick your mileage. Grab a friend to ride with. Choose your pace. (It's NOT a race!) Riders on all routes receive the same fabulous rest stop and SAG support.
- There are more than 30 million people in the US who live with diabetes every day. Funds raised through the Tour de Cure are used for research, preventive education, advocacy, parent support, summer camp and more. By joining and riding, YOU can make a difference!
- The Rochester Tour de Cure was **the #1 Tour in the country** again in 2018, with over 2,000 participants. The 2019 Tour promises to be as successful and a huge source of pride for cyclists in the Rochester area!

Rochester Bicycling Club pride! Let's show up and present a strong RBC presence!

**Use the link below and click on "Join Our Team."**

[http://tour.diabetes.org/site/TR/TourdeCure/TourAdmin?team\\_id=746985&pg=team&fr\\_id=12746](http://tour.diabetes.org/site/TR/TourdeCure/TourAdmin?team_id=746985&pg=team&fr_id=12746)

Todd Calvin and Bonnie MacLean are your Team Captains, and we are eager to grow the team, answer your questions and provide support for you to have a fabulous Tour de Cure experience. Please contact us!

Todd: [tcalvin001@hotmail.com](mailto:tcalvin001@hotmail.com)

Bonnie: [bonniesmaclean@gmail.com](mailto:bonniesmaclean@gmail.com)

## UPS Launches Cargo E-Bike Delivery

More than a century ago, the company now known as UPS started as a simple courier service in Seattle. A handful of messengers would deliver packages by bicycle and by foot. Today, the United Parcel Service returns to its roots.

UPS has partnered with the Seattle Department of Transportation and University of Washington to make deliveries using electric-assist cargo bikes in downtown Seattle. During the year-long pilot, UPS will deliver packages in Pike Place Market and the surrounding neighborhood using the bikes. If the pilot is successful, UPS will expand its cargo e-bike delivery service to other parts of Seattle.



*The new UPS cargo e-bikes can carry up to 400 pounds. (UPS Photo)*

UPS worked with [Silver Eagle Manufacturing](#) to develop the e-bikes, which carry trailers packed with cargo containers. UPS has tested e-bike delivery in other cities, but the Seattle pilot is the first in which wagons with detachable containers will be used. The cargo bikes can hold up to 400 pounds. Couriers will drive on sidewalks and designated bike lanes to make their deliveries.

Seattle Mayor Jenny Durkan said the UPS alliance will “help us better understand how we can ensure the delivery of goods while making space on our streets for transit, bikes, and pedestrians,” in a statement.

The University of Washington’s Urban Freight Lab will study the pilot and report back on traffic and emissions reduction.

Freight delivery plays a significant role in the growing congestion of cities, [according to a report](#) by the World Economic Forum and Deloitte. Researchers discovered that between 2005 and 2015, the global number of parcels delivered grew by 128 percent, due, in part, to consumers increasingly buying single items at a time.

That surge is driven by retailers like Amazon and Walmart, which make it easy and cost-free to have cheap items delivered quickly. Delivery trucks are responsible for 7 percent of traffic in American cities, according to the report.

UPS is testing the cargo e-bikes in Seattle with ambitions to expand the program to other cities battling congestion. Scott Phillippi, UPS’s director of maintenance and engineering, said the company plans “to offer these customizable urban delivery solutions to other cities nationwide.”

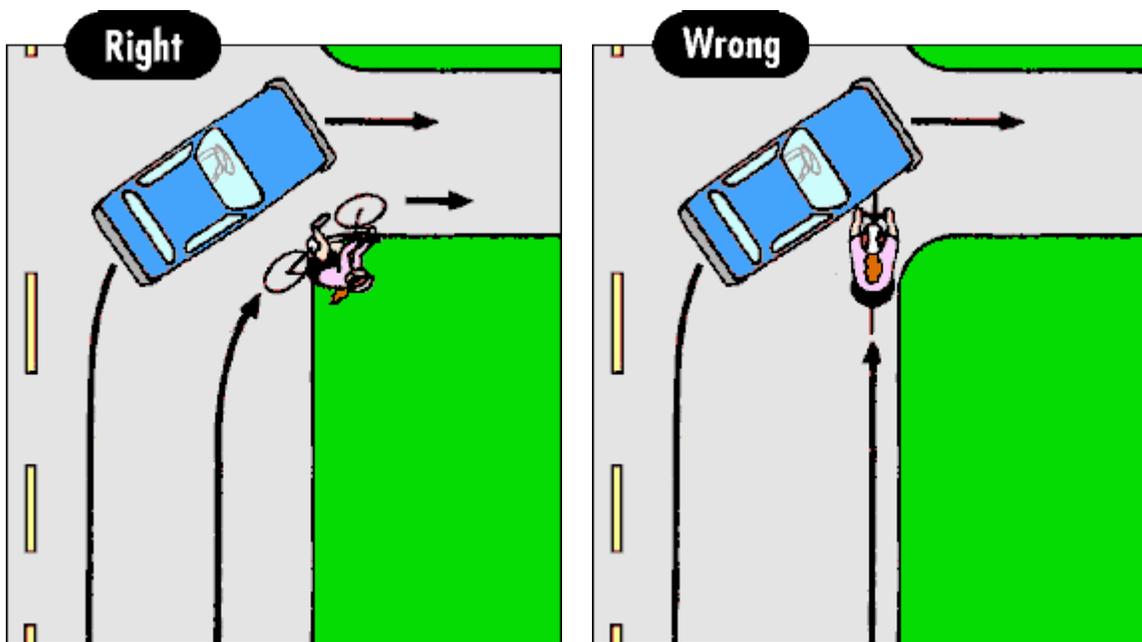
*This web article is from [GeekWire.com](#), suggested by Harvey Botzman*

## CHAPTER 2.0 WHERE IS THE ROAD EDGE? (PART 2)

### EXTRA-WIDE LANES

If the road has a paved shoulder or an extra-wide right lane, don't ride all the way over at the right edge. Instead, keep riding in a straight line 3 or 4 feet to the right of the cars. Stay at a steady distance from the left side of the right lane.

If you stay all the way over at the right edge in an extra-wide lane, you give up your escape zone to the right, and you're also much more likely to be cut off by a right-turning car. By the time you see the car, it will be blocking your path. If you're closer to the car, you can turn with it and avoid a crash.



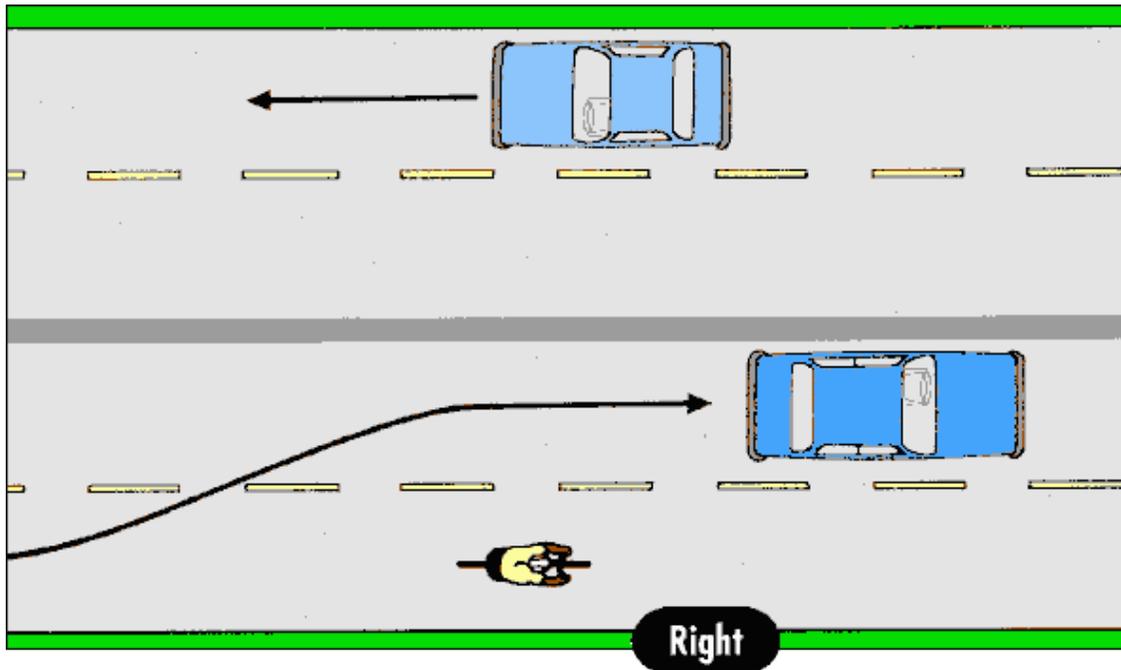
*In a wide lane, you are safer if you stay 3 to 4 feet to the right of the cars. You can turn to avoid a crash if a motorist makes a right turn from your left side.*

*If you hug the curb, the car is across your path before you see it.*

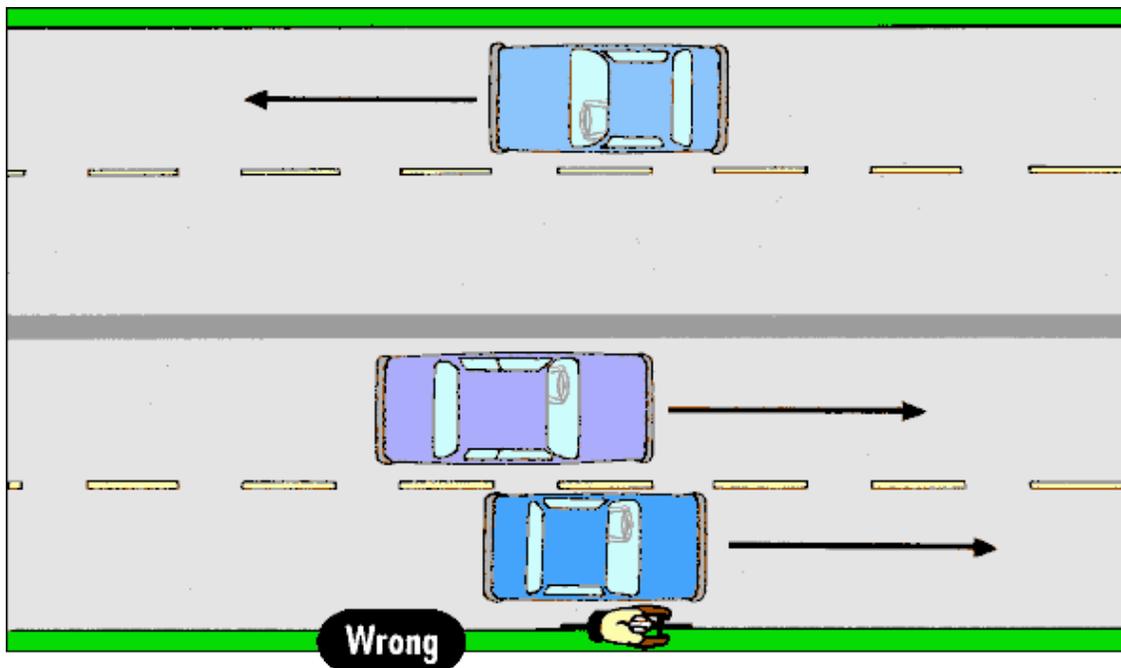
There are two important exceptions to this rule: When you are just past a sharp hillcrest, motorists behind you cannot see you, so it is best to keep to the right until you have picked up some speed. In several U.S. states, it's legal for bicyclists to ride on some high-speed limited-access highways. Here, you can ride at the right side of the shoulder, avoiding the wind blast from big trucks. Except at the rare on- and off-ramps, limited-access highways have no cross traffic, so there's no problem with turning cars or pedestrians.

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NARROW LANES (cont'd)



On a multilane road with narrow lanes, ride in the middle of the right lane.



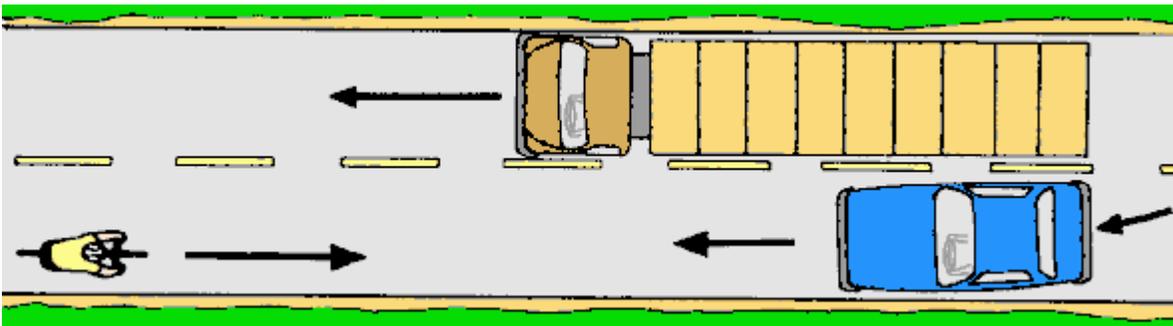
If you hug the edge, you are likely to get squeezed out.

Understand that the law is on your side. The law gives you the right to use the road, the same as a motorist, and requires other traffic slow down for you sometimes. A driver approaching from the rear is always required to slow and follow if it's not possible to pass safely.

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### NARROW LANES (cont'd)

In a wide lane, there's room for cars to pass you. But in a narrow lane, motorists have to move partly or entirely into the next lane to pass you. Narrow lanes are common on city streets and on back roads in the country. On a narrow two-lane, two-way rural road, stay alert to strings of oncoming vehicles in the opposite lane, in case one pulls into your lane to pass. You can ride nearer the edge of this type of road if cars are coming from only one direction at a time. Then cars from the rear can pass you without having to move as far into the other lane.



But if motorists are coming from both directions, you have to take control of the situation. You can't take chances that the drivers behind you will try to pass you despite oncoming traffic.

When a vehicle is approaching from the front, glance to the rear, and if there's traffic there too, take the first opportunity to merge safely to the middle of the right lane. Also merge to the middle of a narrow right lane at a blind curve where there might be oncoming traffic. On a right curve, this technique also makes you visible earlier to the drivers behind you.

The driver behind you will have to slow and follow you. It helps to make a "slow" signal (left arm extended downward) to indicate that you're aware of the car behind you and that it's unsafe to pass. Don't let an impatient driver cause a crash

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### **NARROW LANES (cont'd)**

It may seem dangerous to make a motorist slow for you, but it's not. The usual reason that bicyclists feel unsafe on narrow roads is that they do not take control of the situation when drivers behind them don't have room to pass safely. If you ride all the way to the right, you're inviting motorists to pass you when it is unsafe and, too often, they will. If you show clearly that it's not safe for drivers to pass you, they're unlikely to try.

But be courteous. When it becomes safe for the car behind you to pass you, move to the right and give the driver a friendly wave. If you block traffic for more than a short time, common courtesy suggests, and the law normally requires, that you pull to the side and let the traffic by when you can safely do so.

On a road with two or more narrow lanes in your direction - like many city streets - you should ride in the middle of the right lane at all times. You need to send the message to drivers to move to the passing lane to pass you. If you ride all the way to the right, two cars may pass you at the same time, side by side, giving you too little clearance for safety.

### **BIKE LANES**

A well-designed bike lane should encourage you to ride in the correct position on the road when you go slower than the cars. It should also encourage you to move left, out of the bike lane, before an intersection if you are going straight or turning left. Don't be lulled into riding in the danger zone close to parked cars; you often need to ride along a bike lane's left edge. Remember that motorists will cross the bike lane to park and pull in and out of driveways. Pass on the left whenever possible. If local laws permit passing on the right, do so only very slowly and where a car could not possibly turn right. You may be in a motorist's blind spot; a car door could open, or a pedestrian could be jaywalking between the cars. Never pass a long truck or bus on the right. Remember: don't hesitate to leave the bike lane when necessary for your safety - all the guidelines about lane position in this book apply whether or not there is a bike lane.

### **WHEN YOU GO FASTER THAN CARS**

Usually, motor vehicles travel faster than bicycles, but not always. A row of cars may have slowed in a traffic jam. Or you may be riding down a hill where you can keep up with the motorists.

If you're going as fast as the cars, pull into line with them. When riding down a hill at high speed, you need more room to steer and brake. Besides, it's dangerous to ride along next to the right side of a car. The driver could turn right or edge closer to the curb without ever seeing you. The safest position in traffic doesn't depend on whether you're riding a bicycle or driving a car. It depends on how fast you're going and where you're headed.

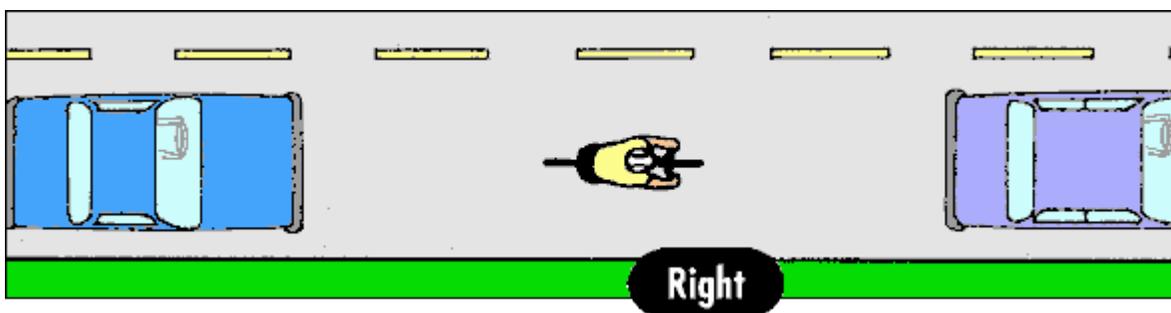
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## NARROW LANES (cont'd)

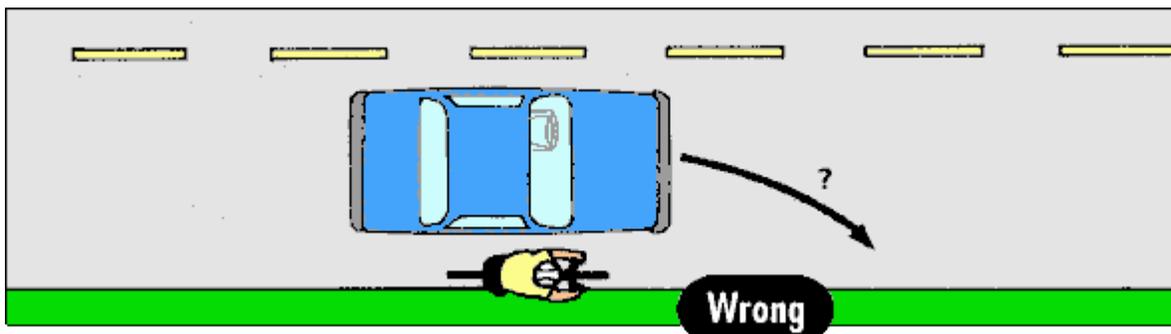
### WHEN YOU GO FASTER THAN CARS

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If you're going as fast as the cars, pull into line with them. When riding down a hill at high speed, you need more room to steer and brake. Besides, it's dangerous to ride along next to the right side of a car. The driver could turn right or edge closer to the curb without ever seeing you. The safest position in traffic doesn't depend on whether you're riding a bicycle or driving a car. It depends on how fast you're going and where you're headed.



*When going as fast as the cars, you're much safer if you ride in the middle of the traffic lane where the driver behind you can see you.*



*The driver next to you has not seen you and could turn or merge right.*

As long as you keep up with the car in front of you, stay in line with it. If you begin to fall behind, pull to the right. But if you're traveling faster than the car, pass on the left, just as if you were driving a car yourself. Drivers expect to be passed on the left, so they look back to the left before they pull out.

Before you pass, look back for traffic to make sure that you can pull safely into the passing lane. Keep your distance from the side of the car you're passing. Don't sneak along next to it. Put yourself where the driver will look for you. If you're passing a long truck or bus, give it even more clearance - at least 5 or 6 feet - since it could move farther before you could get out of its way. When you're finished passing, move back into the right lane.

continued on the next page >>>

Sometimes the car, bus or truck you're passing will pick up speed while you're still next to it. Then just keep the same position in the lane, and brake lightly if necessary to fall back. When you've fallen behind, look back to the right for traffic, then merge back to your normal position in the right lane.

On a street with multiple right-turn lanes or heavy, slow traffic, you may move left more than one lane to pass slower traffic.

### **MULTI-USE PATHS**

A multi-use path can sometimes provide a useful shortcut, and it can be pleasant and scenic, but many paths are no place for a high-speed training or fast commuting ride. Intersections may be frequent, and there can be confusion as to who must yield right of way. A path may be narrow, have blind corners, and be crowded with unpredictable inline skaters, dog walkers and inexperienced bicyclists.

Ride at a reasonable speed; more slowly when it is crowded. Take extra care at intersections, and move off the path if you stop riding. When overtaking give an audible signal and leave plenty of space if you can, the closer you must pass the more slowly you must go. Remember that pedestrians can change direction suddenly. A path does not automatically make you safe, you still must be alert for many potential hazards!

### **SUMMARY**

Many cyclists believe they are safer and more comfortable riding further to the right than this booklet recommends. They fear being passed uncomfortably close by a motorist, or feel intimidated by impatient drivers. Riding too far to the right is very dangerous for several reasons. It puts the cyclist in the ***danger zone*** of poor sightlines and opening car doors; it invites motorists to attempt to pass too closely; and it takes away the cyclist's escape route to the right in the event of the unexpected. The correct lane positions described in this booklet are the safest and most efficient. Do not be intimidated. Take responsibility for your own safety, even if other traffic must occasionally slow and follow you.

Your correct position on the road follows a sensible set of rules, the same as for a car driver: keep to the right if you're going slowly, but pull to the left to pass. The way you carry out these rules is a little different - as explained here - since your bicycle is narrow and usually slow. An understanding of road positioning makes the difference between the rider who weaves and wanders and the one who blends smoothly and safely into the traffic flow.

**NEXT NEWSLETTER ISSUE: CHAPTER THREE -"Riding through Intersections"**

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# Bicycling Blogs

## Brian Managan:

[Click here](#)

*Life Behind Bars; Some categories are: [Commuting](#) (1), [General](#) (6), [Hosting](#) (4), [Rides](#) (15), [Touring](#) (39), [Uncategorized](#) (3), [Videos](#) (4)*

## Bicycle Safety News Blogs: *New Feature*

*Below you will find links to interesting, and sometimes controversial, articles about Bicycling Safety.*

## Richard DeSarra

[Click here](#)

will soon begin begin a series on our Facebook Page of **WHAT IS,?** This will begin to explain terms used in bicycle advocacy such as, What is Warm Showers, What are Bike Boxes, What is a Bicycle Boulevards, etc.

## We Love Cycling

[Click here](#)

A Blog to enjoy different aspects of Cycling: *with Tour de France*

## The Geek Cyclist - Cycling Tips, Guides & Gear Reviews. *How to stay safe on the Road*

[Click here](#)

## Urban Bicycle Journeys (suggested by Harvey Botzman)

[Click here](#)

Thoughts while pedaling.

## Bicycling Incidents

[Click here](#)

from Facebook/Rochester Bicycle Safety Advocacy & Education Group/

Have you seen a bicycling video clip that you would like to post here? Send it to:  
[rbcnewz@yahoo.com](mailto:rbcnewz@yahoo.com)

## More on Rides

### Adding Rides

Many of us are retired and most of us can take days off now and then. Last summer, at least one ride was posted almost daily. Let's get that going again!

If you are a member of RBC Meetup, you can be notified of added rides via email or push notification. Otherwise, keep your eyes on the RBC Meetup schedule.

Rides are added through our [Schedule a Ride](#) page. It is simple to use (and mobile-friendly!) You must be an RBC member to post. See [Adding Rides](#) for more details.

There is no list of rules ...only common courtesy and understanding of ride leader responsibilities and our club. Most folks like weekday rides in the 20-40 mile range, and not too far to drive. In addition to the local ones, there will be some remote challenging rides. Can there be two rides at once? Of course! However, if someone has already posted a ride similar to what you are considering, it is better not to post another. If you think your ride may be a better choice, contact the other ride leader to see if they are willing to change. It is always nice to gather club members to ride together. We may have different speeds and styles, but for many of us, we can change based on who shows up.

**Post a ride, and they will come!**

### Icing on the Cake



We've got a diverse ride schedule ... one of the best in the country! Take a look for yourself at other club web sites.

As rides approach, please consider putting some "icing on the cake" to make them more interesting & fun. (**icing on the cake** means something that makes a good situation even better)

We encourage leaders \*and\* attendees to do this. All you need to do is put a note on the Meetup entry for the ride!

Examples:

- special stops or sites on the route -e.g. cider mill, bakery, ice cream
- tailgates - encourage all to bring a drink and snack for after the ride
- meal stop during or after
- swimming at a lake after
- calling all tandems

### A Picture is Worth a Thousand Words

People love to see people pics. Cyclists love to see cyclist pics!



Almost all of us have smart phones. \*Please\* take a photo or two on the rides you attend and post them to the Meetup entry. It's real easy and one of the greatest advertisements for our club. Someone from our RBC Facebook team will see them and post fun ones to our Facebook page. We're creating a great club-wide album that we can look back on!

# Board Meeting Minutes



## Rochester Bicycling Club Board of Directors Regular Meeting: September 10th, 2018

Present: Todd Calvin, Brad Jensen, Richard DeSarra, Dana Black, Mark Robbins, Bill Lebbon, Nancy Rohlin, Andy Stewart, Kathy Riegel, Steve Riegel, Otto Muller-Girard, Paul Knerr.

The meeting was called to order at 6:38pm by President Todd Calvin.

The minutes from the previous board meeting on August 13<sup>th</sup> were approved.

**Education Chair Report:** Andy S. submitted by E-mail:

**Safety, Advocacy and Education Group Facebook group-** No real news. Membership is stable. Postings are about the same as over the last few months. I suggest no changes to the SAEG at this time. But if we don't see some increase of traffic after this season we might want to revisit this Facebook presence.

**Clinics-** My search for an alternative venue has begun, although will pause while I'm out of town for a few weeks. I have contacted 4 churches and gotten positive replies from 2, no reply from 1 and the 4th hasn't returned my message yet. At this moment it is way too early to make any real decisions but one constant aspect is that the cost is likely to be quite higher than what we were paying at Christ the Good Shepherd. We had a sweetheart deal there. I think we will need to seriously consider what our clinic budget might/could be. I also welcome other venue suggestions. We need an indoor space suitable for bikes and people (up to 15) and a closed off outdoor lot sufficient for the Bike safety classes.

**Treasurer Report:** Dana Black; Submitted by E-mail:

The Treasurer's Report for August 2018.

Account balances as of August 31, 2018 for the Rochester Bicycling Club:

Checking	\$ 7,057
PayPal:	\$ 608
Investment:	\$14,468

**Nominations:** A slate of Board Officers was presented and discussed. The following slate was presented:

President .....	Paul Knerr
Vice President .....	Brad Jensen
Secretary .....	Greg Turner
Treasurer .....	Dana Black
Past President .....	Todd Calvin
Membership .....	Kathy Riegel
Rides.....	Steve Riegel
Maps .....	Otto Muller-Girard
Publicity .....	Mark Robbins
Education.....	Andy Stewart
Newsletter .....	Dale Vanocker
Member at large .....	Veronica Benzing
Member at large .....	Wendy Romano

Andy S. motioned to accept the slate of officers; Dana B. 2<sup>nd</sup>. The motion was approved unanimously.

continued on the next page >>>

## Board Meeting Minutes

Venue for the election will be Penfield YMCA, on Thursday, October 11<sup>th</sup>. Format is 6:30 to 8:30pm, with only desserts served. Volunteers for dessert are: Nancy R., Kathy R., Dana B., Todd C., and Paul K. Beverages Todd C.; Cider Mark R.; Coffee – Dana B.; Setup: Steve, Kathy, Brad, Todd, Paul.

**Volunteer Recognition Dinner:** Dana researched several venues. Prices are up from last year. Discussed several other options for the dinner. Dana will confirm prices and E-mail board for approval.

By E-mail on 9/12: Dana B. recommended Glendoveers on Friday, Nov, 9<sup>th</sup>. Cost per person is \$27.95, with 75 person minimum. This includes: hors d'oeuvres, buffet dinner, dessert bar, coffee and tea and cash bar.

By E-mail on 9/12: Dana B. motioned, "I move that the 2018 RBC Volunteer Dinner be held at Glendoveers this year, on Friday, November 9, 2018. The per person cost will be \$27.95, with a 75 guest minimum totaling \$2,089.". Brad J seconded the motion.

Results of E-mail vote: 9 votes Yes; 3 did not respond. The motion is passed.

**Safety Committee:** Andy S. and Mark R. reviewed incident reports formats from other clubs.

**Life Memberships:** Brad J. presented five candidates for life membership to RBC. All have contributed greatly to the club over many years and are over 70 years old. They are: Harvey Botzman, Bob Lechner, Whitey Link, Dale VanOcker, and Bob Cooper. Todd C. motioned, "I motion the candidates presented become lifetime members of RBC". Richard D. seconded. The motion passed unanimously.

**Club Jerseys:** Mark R. proposed the club order 15 to 20 jerseys of the current design. Mark will get a quote on quantities per size by the end of October.

**Newsletter:** Todd C. reported that Dale V. will continue to publish the newsletter until the end of the year.

**Next Meeting:** The next Board meeting will be held at 6:30pm on October 08, 2018. Meeting site is Legacy Senior Community at Willow Pond; located on 40 Willow Pond Way, Penfield, NY 14526.

The meeting was adjourned at 8:33pm.

Minutes submitted by Paul Knerr, Secretary.

## Member Ads

### CANNONDALE SYNAPSE CARBON

**\$1,200**

Frame	Synapse Carbon
Fork	Synapse S.A. V.E. Ultra Carbon
Frame size	58cm
Rims (NEW)	Shimano Ultegra 6700 Tubeless
Tires (NEW)	Hutchison Fusion Tubeless
Front/Rear Derailleurs	Shimano Ultegra 6700
Brakes	Shimano Ultegra 6700
Brake/Shift Levers	Shimano Ultegra 6700
Cables	GORE Ride On Professional
Crank	Shimano Ultegra 6700 Compact
50/34	
Rear Cassette	Ultegra 6700 11-28
Chain	Shimano Ultegra 6700

Great Condition (See Pictures)  
Pedals not included



**Call 585 202 9763**

### For Sale

### Trek 7200 WSD

16" Women's Hybrid, 8-speed. Showroom New  
(<50 original miles),  
Peacock color.

Lists at \$540;  
Asking \$300, incl.  
wireless computer  
Call (585) 752-8027  
View Specs at:

<http://www.bikepedia.com/quickbike/BikeSpecs.aspx?>



### For Sale

Homemade short wheelbase recumbent bike and  
carrier with many accessories.

Reduced price \$95.00

Call Larry Johnson

315-524-8244

The carrier is worth the  
price. Bag was \$75.00



### For Sale

#### Panniers:

Red: Arkel "Bug;" Grey: Arkel "Commuter"

Yes I have toured & commuted with them.  
~1600 cu. in./25 L each.

The Bug becomes a back pack & has a place for your  
helmet on the front. They are a bit too big to use on my  
foldie.

These are 1000D Cordora Nylon sprayed with Scotch  
guard & I'll include a large ZipLoc bag to make what you  
are carrying water resistant/proof.

New \$189 each. These wonderful panniers are now  
used & the bottom price is \$50.00 each.

Call or text Harvey Botzman: (585) 363-0310; email:  
[harvey.botzman@gmail.com](mailto:harvey.botzman@gmail.com)



#### FOR SALE:

**1999 Schwinn Paramount, 56cm.** Hand built  
by Curt Goodrich <http://www.curtgoodrich.com>  
with Reynolds 853 steel tubing. It's the 463rd of  
about 750 bikes that Curt built.

Components are a mix of Dura-Ace and Ultegra.

A truly fantastic ride. This bike can be seen and  
A truly fantastic ride. This bike can be seen and  
ridden at Mendon Cyclesmith.

Contact for questions is David Snyder, 943-  
4050.

[doorknob@rochester.rr.com](mailto:doorknob@rochester.rr.com)

Asking \$1,100 / OBO

## Member Ads

### FOR SALE

#### Used Bicycle Clothing:

Jerseys – short and long sleeve.

Shorts, tights, socks, gloves.

Bell helmet.

Booties, toe warmers.

arm warmers, leg warmers.

Mostly size medium or large.

Bontrager road shoes,  
size 9 US, 42 European.

Bargain priced!

Call G. Mitchell: 585-621-1906

[gmitch@rochester.rr.com](mailto:gmitch@rochester.rr.com)

### For Sale

#### Gently used Terry Bicycle

- Front tire is 24", back tire is 26".
- It was perfect for my petite 5' height
- The handle bars recently converted to uprights,
- but I have the original parts which can be reattached.
- The saddle will not be included.
- Asking \$300

Contact: Fraida Levinson

[fraida.levinson@gmail.com](mailto:fraida.levinson@gmail.com)



### For Sale:

#### BMC Pro Machine Carbon Tour de France level race bike.

Ten Speed SRAM Red/Force components.

Compact 50-34 and 11-36 mountain derailleur or standard Force 11-28 rear derailleur.

Size 52 Frame.

Bike weight under 18 pounds.

**Price \$1295.** Retail value about \$4,500.

**Contact Steve Sussman:**

**732-763-0784**



### For Sale

**2017 Orbea Orca 51cm M20i Team D Disc, Di2, Full carbon, pro bike \$5500 MSRP**

- Price last year was \$5499.99 Get a great deal on this beauty. Only 3K miles. Just about 1 Yr. old. Lots more pics available just ask.
- Do your google searches and read all about this awesome pro bike. UCI approved, ready for Le Tour!
- New bar tape last month.
- Ultegra Di2 electronic all around, hydraulic disc - top of the line and rides like the wind. Made in the Basque Country of Spain
- Everything works perfectly.
- Not included or will be replaced:
  - Saddle - with the original Prologic saddle
  - Non-drive crank - will put back on the original Ultegra crank
  - Stages power meter available for \$399)
  - Stem - I have an 80mm stem on the bike. I can leave it on or put back on the original 100mm if you prefer.
- Professionally maintained by Tryon Bike in Rochester NY. This a truly a beautiful, special bike. It will take you wherever you want to go with panache, style, and speed.



Contact: [les@tryonbike.com](mailto:les@tryonbike.com)

# Member Ads

## For Sale:

Bacchetta Cafe Recumbent bike.  
Well-maintained, excellent condition.  
New Schwalbe Marathin tires.  
Some accessories.

Loved this bike - many amazing miles.

Asking \$785

Call, text or email for more details and more photos.

Neal Holtzman, 585-752-7103.

[nealholtzman@yahoo.com](mailto:nealholtzman@yahoo.com)



## Seen on Rides



## For Sale

### LONG WHEELBASE RECUMBENT BIKES

- 1. Rans Stratus XP**  
-color red, aluminum frame, SRAM X9 components, with computer and kickstand. Very good condition and well maintained. Asking \$1400
- 2. Rans Extreme**  
-color yellow, SRAM X7 components, with computer and kickstand. only 300 miles of use, and well maintained. Asking \$1700



**NOTE: PRICES ARE NEGOTIABLE ON ALL ITEMS\***

**ACCESSORIES FOR SALE**-2 bike hitch rack for recumbents (Asking \$300)

-Almost new large that fits on recumbent seat backs (Asking \$80)

**Contact:** The Bicycle Man at 21 Alfred Station, NY

607-587-8835 Wed-Sat 10am - 6pm

[bicycleman](http://bicycleman.com)

## For Sale

### Rans Screamer Sport Recumbent Tandem.

Excellent Condition, Independent Pedaling System, New Tires, about 2,000 miles. Asking \$3500.

**Contact Dave Hurd at** [alberthurd@icloud.com](mailto:alberthurd@icloud.com)

585-493-5751 Home - 585-322-6319 Cell



# **Nu-Look**



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## **RENT THIS SPACE!**

Simply send me a copy of the ad sized as in the information below, then go to the [rochesterbicyclingclub.org](http://rochesterbicyclingclub.org) website, and below the banner click on "News and Events", then select "Place a Newsletter Ad" and follow the instructions, which include the various methods for prepaying for the ad .

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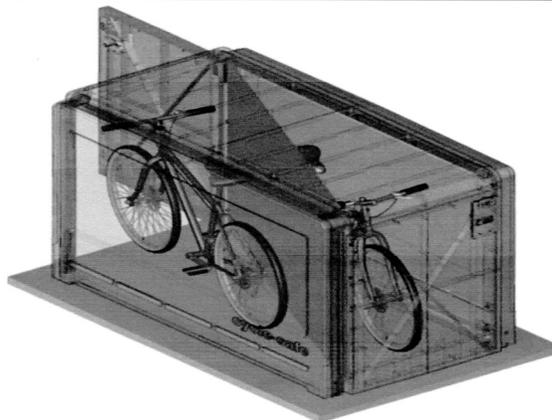
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bike Safe and  
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- **High Falls Garage**, State Street near WXXI, Kodak and the Inner Loop
- **Sister Cities Garage**, near City Hall, and the County Office Building
- **Court Street Garage**, near the Rundel Library and Excellus
- **South Avenue Garage**, near the Convention Center
- **Washington Square Garage**, near GeVa and the Strong Museum
- **East End Garage**, near the YMCA and Eastman Theater



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<b>Apr 1 – Nov 30</b> Three-Seasons \$40	<b>Dec 1 – Mar 31</b> Winter \$20	<b>Apr 1 – Mar 31</b> All Year \$50
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To rent one, contact **Bruce Wilbur**, City of Rochester Bureau of Parking 585-428-6587

# 2019 RBC Board of Directors

*Red Titles are Voting Members*

*Blue Titles are non-voting members*

## **Officers: (Voting)**

### **President**

Paul Knerr  
330-8374  
[paul@e-knerr.com](mailto:paul@e-knerr.com)

### **Vice President**

Brad Jensen  
872-4468  
[bkjensen99@yahoo.com](mailto:bkjensen99@yahoo.com)

### **Secretary**

Greg Turner  
637-7045  
[gregturner@frontiernet.net](mailto:gregturner@frontiernet.net)

### **Treasurer**

Dana Black  
478-8187  
[dana.black82@gmail.com](mailto:dana.black82@gmail.com)

## **Directors: (Voting)**

### **Education**

Andy Stewart  
442-7788  
[onetenth@earthlink.net](mailto:onetenth@earthlink.net)

### **Maps**

Otto Muller-Girard  
330-9593  
[ottomg54@gmail.com](mailto:ottomg54@gmail.com)

### **Membership**

Kathy Riegel  
789-1741  
[kriegel2@gmail.com](mailto:kriegel2@gmail.com)

### **Newsletter Editor**

Dale Vanocker  
227-7218  
[rbcnewz@yahoo.com](mailto:rbcnewz@yahoo.com)

### **Publicity**

Mark Robbins  
469-5729  
[markerino@rochester.rr.com](mailto:markerino@rochester.rr.com)

## **Directors: (Voting, cont'd)**

### **Rides**

Steve Riegel  
789-1741  
[rbcrides@gmail.com](mailto:rbcrides@gmail.com)

### **Immediate Past President**

Todd Calvin  
314-7432  
[tcalvin001@hotmail.com](mailto:tcalvin001@hotmail.com)

## **Members-at-Large: (Voting)**

Nancy Rohlin  
(315) 331-8835  
[rohlinalong@yahoo.com](mailto:rohlinalong@yahoo.com)

Veronica Benzing  
704-0551  
[ybenzing@gmail.com](mailto:ybenzing@gmail.com)

Wendy Romano  
781-0702  
[wendy\\_romano@bcasd.org](mailto:wendy_romano@bcasd.org)

## **Coordinators: (non-voting)**

### **Awards**

Brad Jensen (Acting)  
872-4468  
[bkjensen99@yahoo.com](mailto:bkjensen99@yahoo.com)

### **Road & Trail Advocacy**

Richard DeSarra  
461-5363  
[rdsbike@rochester.rr.com](mailto:rdsbike@rochester.rr.com)

### **Supported Rides**

Ken Hansen  
509-3725  
[kenkj1@yahoo.com](mailto:kenkj1@yahoo.com)

## **Coordinators: (cont'd)**

### **Sweep Rides**

John Yunits  
3038474  
[johnnyunits59@gmail.com](mailto:johnnyunits59@gmail.com)

### **Web Site**

Brad Jensen  
872-4468  
[bkjensen99@yahoo.com](mailto:bkjensen99@yahoo.com)

### **Bike Cases**

Beth Johnson  
330-0148  
[dr.j.4992@gmail.com](mailto:dr.j.4992@gmail.com)

### **Winter Meeting**

Brian Managan  
No phone  
[brian@bcmbike.net](mailto:brian@bcmbike.net)

## **Board Appointed Positions: (non-voting)**

### **Librarian**

Todd Calvin  
314-7432  
[tcalvin001@hotmail.com](mailto:tcalvin001@hotmail.com)

### **LAB Touring**

Ride information  
Club Representative  
Todd Calvin  
314-7432  
[tcalvin001@hotmail.com](mailto:tcalvin001@hotmail.com)

### **Legal**

Jim Reed  
303 William Street  
Box 1338  
Elmira, New York 14902-1338  
(800) 943-3529  
[www.zifflaw.com](http://www.zifflaw.com)