



Rochester Bicycling Club

Flower City Cyclist

Volume 51, Issue 8 October 2018

Fall Returns Once Again!



This Month's Teaser...

***What year did the RBC Award Nu-Look Collision with the
"Bicycle Transportation Community Recognition Award"?***

Find the answer upside down on page 6

Table of Contents

Title	Page
Fall Returns Once Again!	Front
Table of Contents	2
Announcement Annual Business Meeting & Slate	3
Ride News & Pictures	4 - 5
Announcements - Miscellaneous	6
Street Smarts - Chapter 1	7 - 9
Announcements & New Members List	10
Bicycling Blogs NEW!	11
Board Meeting Minutes For August	12- 13
More on Rides	14
Carry YOUR ID & Reprise on 2015 Santa Ride	15
Member Want Ads	16 - 18
Paid Ads	19 - 20
Board of Directors for 2018	21

Upcoming Events

Board Meeting

08 October 2018 at 6:30 pm

Legacy, 40 Willow Pond Way, Penfield, NY 14526

RBC Election & Annual Business Meeting

11 October 2018 at 6:30 pm - 8:30 pm

Eastside YMCA, Penfield, Rte. 250

[MAP]

Board Meeting

12 November 2018 at 6:30 pm

Legacy, 40 Willow Pond Way, Penfield, NY 14526

Volunteer Dinner

Friday, November 9, 2018 at 6:00 pm

Glendoveers Restaurant

2328 Old Browncroft Blvd, Rochester, NY 14625

[MAP]

The Flower City Cyclist

Our Mission

- 1) *Teach and promote bicycling for transportation, recreation and health.*
- 2) *Preserve and proclaim the rights of bicyclists as operators of vehicles.*
- 3) *Schedule and organize bicycle rides, tours and other activities on a regular basis.*
- 4) *Cooperate with other groups in promoting bicycling.*
- 5) *Advocate the use of approved helmets.*
- 6) *Advocate the safe and responsible use of appropriate lands for off-road cycling.*

This Newsletter is published by the Rochester Bicycling Club in 10 issues, as scheduled below.

<i>Month</i>	<i>Submission Deadline</i>	<i>Issue #</i>
March	Feb 15th	Issue 1
April	March 15th	Issue 2
May	April 15th	Issue 3
June	May 15th	Issue 4
July	June 15th	Issue 5
August	July 15th	Issue 6
September	August 15th	Issue 7
October	September 15th	Issue 8
Nov-Dec	October 15th	Issue 9
Jan-Feb	December 15th	Issue 10

Newsletter Advertising:

The Flower City Cyclist accepts Paid Ads and Preprinted Inserts for this newsletter through this web mail link below. These ads will run for one issue. Copy and payment are due by the deadlines listed above..

Rates are:

1/4 Page	\$10.00
1/2 Page	\$15.00
Full Page	\$25.00

Note: Members may place bicycle related classified ads at no charge. See the RBC Website for complete details.

Contributing?

The editor accepts all bicycling related, member submitted articles, photos and artwork for the newsletter. Special consideration is given to RBC related activities, rides, special events and your personal experiences, cycling tips and adventures! Share your stories!

Submit articles to:

rbcnewz@yahoo.com

Ride Chair News

October is often the best time in our riding season in upstate NY. Clear, cool, sunny days full of Fall colors and scents! Apple farms, cider mills and vineyards provide *tasty* rest stops, serving all kinds of treats made with local products. It's even easier to get on your bike when such good stuff is "calling out" to you!

As always, our ride calendar has options for everyone. Nearby moderate length rides on all sides of our city, shorter supported rides, and some challenging but spectacular remote rides. Everyone is at their strongest at this point in the season, so if the weather is particularly nice, consider getting some of your regular riding buddies to come out and try a remote ride. If you let folks know via Meetup, others will likely join you. There are always cuts or alternates for those rides, along with a moderate group of regulars going at a "touring pace". All riders end up sharing the experience of the best roads and scenes in our region! Canandaigua-Vine Valley and Tour de Letchworth are particular stand-outs this month.

I was away for a while this summer supporting bike trips. The clients had varied abilities, but one thing that struck me was how they all ended up with a shared experience each day, simply by being on the same/similar route. Olympic-qualified and "average-Joe" recreational cyclists shared drinks, meals and stories of many of the same sights, weather, and surprises they encountered. Those that knew the areas a bit better also provided some beautiful route adjustments so that everyone could meet along the way. The lesson is that even with wide differences of ability, there is still a significant shared experience of each day's ride. Folks remember and talk about these experiences in email and social media long after. Great rides create bonds of friendship. That happens with our club rides, too! The only difference is that a tour forces you to go on the ride each day. Here at home, you just have to "get over the hump" of *going* to make it happen.

As the riding season draws to a close, I want to thank *everyone* for coming to our rides! You collectively help each and every individual's experience by being there. We all get to enjoy the scenes and feelings of flying along the ridges and valleys, seeing a yak, camel or buffaloes, or a brilliant field of sunflowers. In addition, we learn practical info from each other on skills, maintenance, bike technology, other kinds of riding, etc. ... which greatly expands our cycling knowledge. As in many other sports, the on-the-road hints, tips and discussions are the most effective way to help us grow to get the most out of cycling. Cyclists that you ride with are often your best resources, since they know the local area and (eventually) *YOU*! Come out to our group rides regularly, and you will see your knowledge, skills and enjoyment increase greatly. We have a wonderful cycling community here ... get out and connect with it!

Additional thanks go to our calendar ride leaders. Your commitment to run rides (or make sure they are covered) makes the season go *so* smoothly! Many hands make light work, and with so many of our active riders covering the scheduled rides, it all just flows!

Supported Ride (SR) leaders deserve even more thanks. Significantly more attention and support is required to encourage folks new to riding. Many of us became hooked on cycling because of such leaders. The enthusiasm and care that Supported Ride leaders show are key to introducing and encouraging cycling as a lifelong joy. Did we miss some favorite rides this year? Got some new ones (or updates) for us? We are about to start the 2019 ride calendar and would love your input. Drop us a line at rbcrides@gmail.com and we will work it in. We will have the initial draft of the 2019 ride calendar at the volunteer dinner in November. When you see it, please consider signing up for some rides. Exact days/times of most rides (particularly weekends/holidays) are not "set in stone", so if you see one you'd like to run it on a different day, or don't see a favorite listed, pencil it in at the dinner, or let us know via email. The calendar often shuffles a bit as it "settles in" through the winter, and we welcome input throughout that time.

Finally, just because our schedule ends does not mean we don't continue riding! Weather often cooperates to provide good opportunities for rides during the off-season. Peek in on Meetup when the skies brighten and roads dry ... there's a good chance a ride will pop up! You can also set Meetup to notify you when new rides are added. Do you want to be the one to add rides when there are none scheduled? You can schedule it [here](#) (see [AddingRides](#) to get set-up), and this sortable [list](#) of RBC rides can help you pick one.

Oh, and don't forget that voice turn-by-turn directions are available on your smartphone for all of our rides, so you can flow through turns and not fumble with a map with full gloves on! See [RWGPS](#) to get started with this club benefit.

See you at the cider mills!

continued on the next page >>>

Ride Chair Pictures



Announcements

RBC Election and Annual Business Meeting

This year's Election and Annual Business Meeting will be held on **Thursday, October 11th from 6:30-8:30 PM.**

The location is the Community Room at **Eastside (Penfield) YMCA**, on Rte. 250 ([map](#)).

Use the front entrance, and the reception desk staff can direct you to the room.

It will be an opportunity to catch up with friends and to enjoy memories of the season. Photos of our rides will be displayed on the big screen, and cider, coffee and desserts will be provided.

There will be some brief annual reports (e.g financial, membership) and the vote for the board will be taken.

The following members have been nominated and have agreed to be on the board in the coming year.

2019 RBC Board Slate

President.....	Paul Knerr
Vice President	Brad Jensen
Secretary.....	Greg Turner
Treasurer.....	Dana Black
Past President	Todd Calvin
Membership	Kathy Riegel
Rides	Steve Riegel
Maps.....	Otto Muller-Girard
Publicity	Mark Robbins
Education.....	Andy Stewart
Newsletter.....	<i>(under review)</i>
Member at large.....	Nancy Rohlin
Member at large.....	Veronica Benzing
Member at large.....	Wendy Romano

We hope you can make it!

Announcements

Blood Drive in memory of Jerry Vogt

A lovely woman at Joan's church offered to organize a second blood drive in **memory of Jerry**.

This will be held on Friday, the 19th of October, from 1:00-6:00 p.m., at Bethany Presbyterian Church, on Dewey Avenue near Stone Road.

We'd love to see you there! Please pass this information on to anyone you know might be interested.



After being at Strong, followed by rehab in Schenectady, Bob came home (again) on Sept. 26 after spending two weeks at the Syracuse Spinal Cord Injury Center.

Do you want to bring a smile to his face? Let's pack his mailbox with welcome home/encouragement cards!

Send to: 6251 Murphy Dr, Victor, NY 14564

It has been amazing to see how the cycling community has come together to support Bob and his family. He's done so much for the club and our community.

If you would like to help financially:

A Go Fund Me account was established by his family. Early on, it became clear that medical insurance was limited in situations like this. For more information, go to:

<https://www.gofundme.com/fxvrf9-bob>.

An Equipment Fund is being coordinated by a friend to help with many costs of life going forward. For more information, contact Cindy Fleischer at:

cindyf1216@gmail.com.

Keep the positive energy and prayers going!

Seen on Rides



Dansville-Dalton
September 24, 2016

Answer: It was awarded in 2012. Go to the following link to view the pictures of this event.

<https://rbc.wildapricot.org/member/pix/10944098#photo>

Teaser Question: What year did the RBC Award Nu-Look Collision with the "Bicycle Transportation Community Recognition Award"?

Announcements

**Welcome to our New or
Returning Members
as of September 28, 2018**

Thomas Acciari
Robert Allen
Todd Bogumil
Dan Esler
Dana Harris
Susan Reed
Anne Schweighardt



Needed for 2019

Humorous Awards Ideas

The Awards Committee is always in need of awards for our 2019 Spring Banquet. We also like to recognize people who go way "above and beyond".

So when you're out riding this year keep your eyes open for those special incidents that merit recognition.

Make a mental note, and when you get home drop me a quick email at:

bkjensen99@yahoo.com

I'll take it from there...

Bicycle Cases for Rent to Club Members!

Going on a bicycle tour and you need to ship your bicycle via air, water or ground transportation safely?

The Club has cases for rent to our members at \$2.50 per day.

These are hard cases to protect your bicycle from damage.

Details for renting the cases and the bike and rental sign-up agreement can be found on our website:

<https://rbc.wildapricot.org/event-2930100>



PART TWO: WHERE TO RIDE ON THE ROAD

We've all seen bicyclists who wander from left side to right, who go from the sidewalk to the street and who weave in and out between parked cars. From moment to moment, nobody can tell what these bicyclists are about to do. Pedestrians jump back, and car brakes squeal as such bicyclists approach.

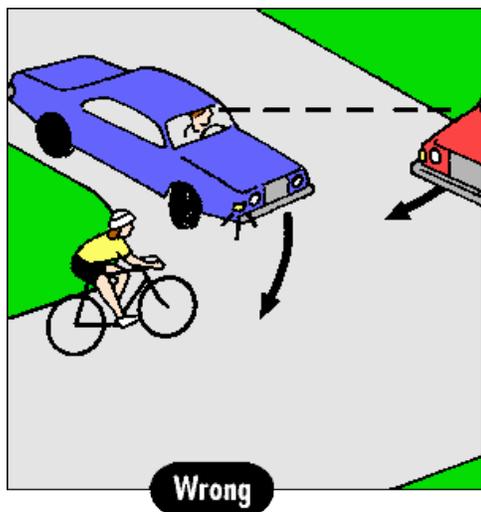
On the other hand, we've seen bicyclists who seem to blend into the traffic flow smoothly and effortlessly. You always know where they are headed and what to do around them, whether you're on a bicycle, in a car or on foot. They make bicycling look easy - but aren't they taking a risk? Isn't it safer to avoid the traffic as much as possible?

PART OF THE TRAFFIC PATTERN

With very few exceptions, ***the safest way to ride is as part of the traffic***, going with the flow of the normal traffic pattern. Bicyclists who ride this way get where they're going faster and, according to scientific crash studies, have about five times fewer crashes than bicyclists who make up their own rules (J. Forester; Effective Cycling. Cambridge, MA, MIT Press, 1993).

Generally, the more you follow the normal traffic pattern, the safer and more predictable you become. The rules of the road set up a pattern for every situation, telling who may go and which one must wait. With very few exceptions, bicyclists have the same rights – and responsibilities – as motorists. Sometimes you have to wait for other drivers - for example, at a stop sign - but sometimes they have to wait for you.

In this way, the rules of the road protect you by making it clear what you're going to do next.



Intersection collisions are the most common type caused by wrong-way riding. The motorist in the side street is looking left, where the traffic normally comes from.

If you ride in violation of the traffic laws, you greatly increase your risk of a crash. You also may give up your rights to compensation for your injuries. If you get into a crash this way, the courts will almost always find that it was your fault!

Riding right begins with riding on the right. Then you are where other road users will look for you, and you can ride predictably.

Some cyclists fear being struck from behind and think they're safer on the left. But rear-end collisions are actually rare, and riding on the left is one of the biggest causes of car-bike crashes.

If you ride on the left, drivers and pedestrians about to pull out from side streets and crosswalks will be looking away from you – in the direction traffic normally comes from. As a result, collisions at driveways and intersections are a major hazard for wrong-way riders.

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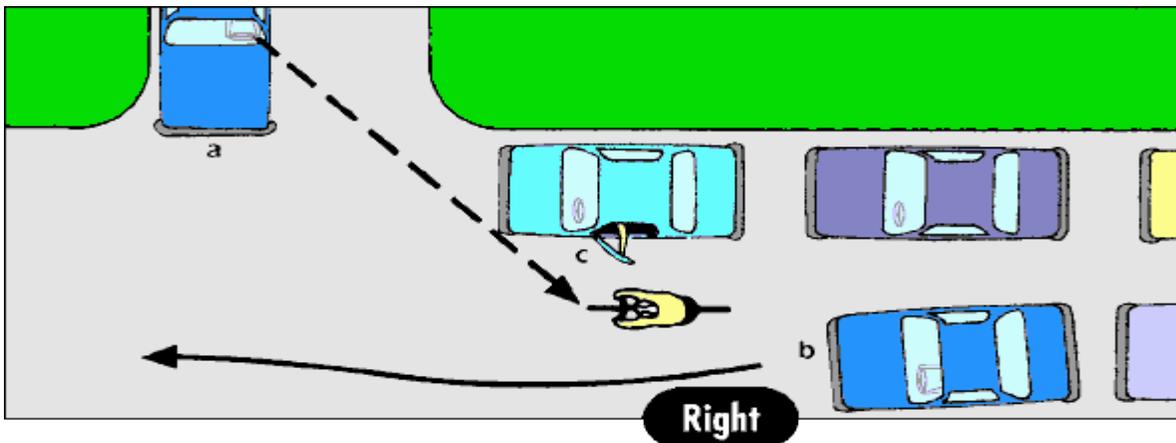
WHERE IS THE ROAD EDGE?

Normally, slower traffic keeps to the right, and faster traffic passes on the left. Since your bicycle is usually slower than other traffic, you usually ride near the right edge of the road. But how far to the right?

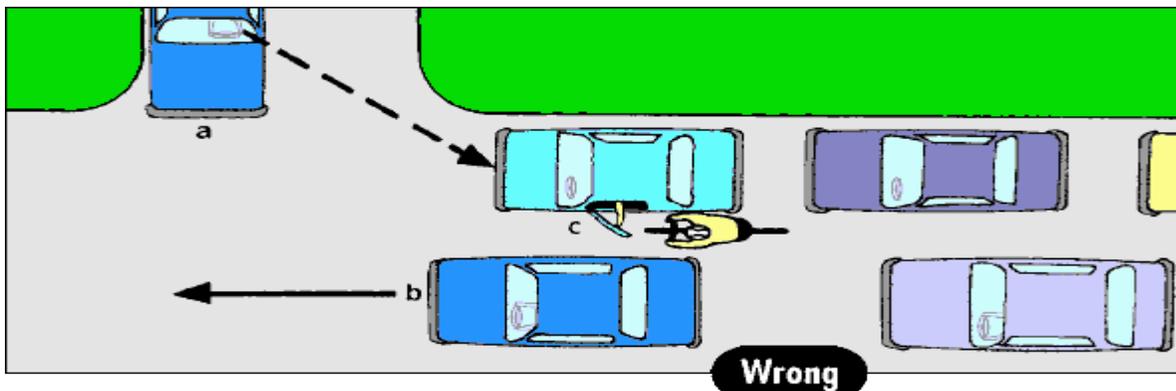
Generally, the usable width of the road begins where you can ride without increased danger of falls, jolts or blowouts. A road may have a gravel shoulder, its edge may be covered with sand or trash or the pavement may be broken. Don't ride there. Closer to the center, there's better pavement, which is swept clean of sand and debris by the passing cars. The usable road width begins here.

Most bicycle crashes are simple falls or are caused by hazards in front of you. Train your eyes to scan the scene ahead, and be wary of blindspots. Keep your eyes moving - you have to look up at the traffic and also down at the road for potholes and cracks. You may sometimes need to slow down in order to spot hazards in time.

Ride far enough into the lane to avoid the risk from blindspots. If you ride too close to parked cars on your right you can't see around them into side streets and driveways. A pedestrian, car or bicycle could come out from between the parked cars. Drivers in side streets might nose their cars out in front of you to look right and left. And the door of a parked car could open in front of you.



By riding a safe distance from roadside hazards, you increase your safety. When you ride correctly, the motorist in the driveway (a) sees you; the motorist overtaking you (b) will not take the easy way out and skim by your elbow; and the car door (c) is no threat.

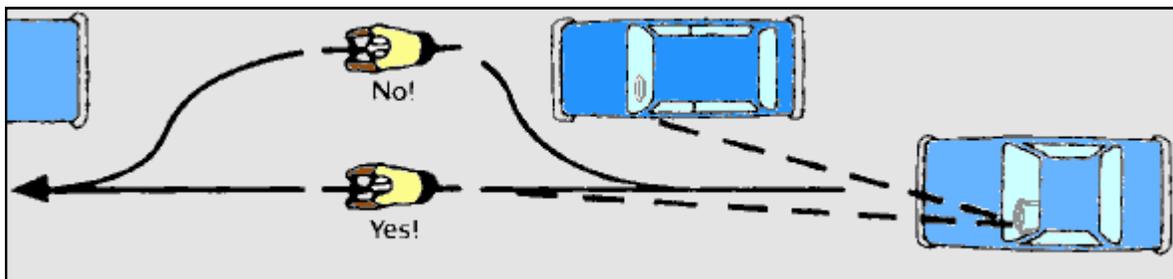


By riding a safe distance from roadside hazards, you increase your safety. When you ride correctly, the motorist in the driveway (a) sees you; the motorist overtaking you (b) will not take the easy way out and skim by your elbow; and the car door (c) is no threat.

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Where there are parked cars, the usable width of the street begins about 3 feet out from them - or from a wall, hedge or other obstruction. As you approach a blind intersection or driveway, you should be even farther from the edge of the road - imagine a car hood poking out. **Don't ride in the danger zone!** Only if you are riding very slowly - less than 5 miles per hour - can you safely ride within reach of the car doors; even then you must be attentive to opening doors and your reduced visibility to cross traffic. Keep even farther from angle-parked vehicles, which can back out into your path.

Sure, many people - even some bicycling "experts" - will tell you, "Always keep as far to the right as possible," and, "Look out for opening car doors." But at speeds above 5 miles per hour, you can't stop in time to avoid a car door. Then your only choices are to hit the door or to swerve out into the street - maybe into the path of a passing car. Avoid this problem by riding outside the reach of car doors.



Don't weave between parked cars, where you become invisible to overtaking drivers and must repeatedly reenter the traffic flow.

Don't weave in and out between parked cars. If you weave to the right, a parked car will hide you from drivers approaching from behind you. Then you have to pop back out into the path of overtaking traffic when you reach the next parked car. Put yourself in the place of a driver a couple of hundred feet behind you. Could this driver see you?

It's much safer to ride in a predictable, straight line, where everyone can see you. Motorists don't mind slowing down for a predictable, visible bicyclist nearly as much as they mind a bicyclist who swerves out in front of them.

Next Month: Part Two - EXTRA-WIDE & NARROW LANES

The correct way to navigate Extra-wide and Narrow lanes.

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Carry Your ID!

Important: Always Carry ID When Cycling

Cycling definitely has risks. Most of us have the scars to prove this. It is often overlooked, but ID/contact (and special medical) info are **very** important to have on your person (and on your bike), even on club rides. Face it, you may not be conscious (or even with someone) when that info is most needed. Laminate a card containing such info and carry it with you around your neck or similar. Put another copy in your seat bag. Better yet get a Road ID (or equivalent). Just do it, and **use** it on **every** ride!



Road ID

commercially available item

Reprise of 2015 Santa Ride



Bicycling Blogs

Brian Managan:

[Click here](#)

Life Behind Bars; Some categories are: [Commuting](#) (1), [General](#) (6), [Hosting](#) (4), [Rides](#) (15), [Touring](#) (39), [Uncategorized](#) (3), [Videos](#) (4)

Bicycle Safety News Blogs: *New Feature*

Below you will find links to interesting, and sometimes controversial, articles about Bicycle Safety.

Richard DeSarra

[Click here](#)

will soon begin a series on our Facebook Page of **WHAT IS,?** This will begin to explain terms used in bicycle advocacy such as, What is Warm Showers, What are Bike Boxes, What is a Bicycle Boulevards, etc.

We Love Cycling

[Click here](#)

A Blog to enjoy different aspects of Cycling: *with Tour de France section!*

The Geek Cyclist - Cycling Tips, Guides & Gear Reviews. *How to stay safe on the Road*

[Click here](#)

Urban Bicycle Journeys (suggested by Harvey Botzman)

[Click here](#)

Thoughts while pedaling.

TS 101 Class Information and Photos

Go to Facebook: **"Rochester Bicycling Club"**

Have you seen a bicycling video clip that you would like to post here? Send it to:

rbcnewz@yahoo.com

Board Meeting Minutes



Rochester Bicycling Club Board of Directors Regular Meeting: August 13, 2018

Present: Brad Jensen, Richard DeSarra, Dana Black, Mark Robbins, Bill Lebbon, Nancy Rohlin, Andy Stewart, Dale Van Ocker, Kathy Riegel, Steve Riegel, Paul Knerr.

The meeting was called to order at 6:38pm by Vice President Brad Jensen.

The minutes from the previous board meeting on June 11th were approved.

Education Chair Report: Andy S. submitted by E-mail:

Safety, Advocacy and Education Group Facebook group- No real news. Membership is stable. Postings are about the same as over the last few months. I suggest no changes to the SAEG at this time. But if we don't see some increase of traffic after this season we might want to revisit this Facebook presence.

Clinics- 2018 Clinics Summary

I think this year's clinics went well and were well attended. Approximately 10% of club members attended at least one clinic and some took in more than one. The new Safety Classes were well received with good attendance.

The reduction of clinic topics from the last year Andy led them (2016) didn't seem to be an issue. One topic was asked about, could we offer a GPS and map track clinic. (And with help this too could be offered).

For 2019 Andy expects to offer a similar series of clinics with some changes in dates reflecting his availability in the spring and perhaps a new topic or two if the right presenter can be had.

As mentioned before a search for a new venue will begin in earnest.

80 total attending bodies (about 60 individual people, some took a second clinic)

11 different clinic dates

4 different clinic topics

Greatest attendance per clinic- 11

Least attendance per clinic- 5

Prepare Your Bike for the Season- 2 dates and 21 attendees

Flat Tire Repair- 4 dates and 27 attendees

All About Your Bike- 1 date and 5 attendees

continued on the next page >>>

Board Meeting Minutes

Safety Course class 1- 2 dates and 15 attendees

Safety Course class 2- 2 dates and 12 attendees

Treasurer Report: Dana Black; Submitted by E-mail:

Submitted by E-mail: Here is the Treasurer's Report for July 2018.

Account balances as of July 31, 2018 for the Rochester Bicycling Club:

Checking: \$ 6,464

PayPal: \$ 935

Investment: \$14,468

Challenge Ride Report: Mark R. reported the event had good volunteers. Approximately 51 attended. Monroe county stated that future events may not start until 10am. This will be reviewed again in January.

RBC CD: Plan is for no CD in 2019. 16 sold in 2018. An update to the application will be made by Sept 1st.

Club Jerseys: Mark R. reported: ~ 10 sold; 5 men's and 15 women's jerseys are left to be sold. Board discussed the possibility of a new design for a club jersey. Nancy R. and Dana B. volunteered to explore this option.

Nominations: The current board to be polled for continuing next year. Venue for election will be Penfield YMCA. Steve R. will reserve. Cost is ~\$50. Will change format to 7:00 or 7:30pm start, with only desserts served.

Volunteer Recognition: Dana volunteered to search for venues. Richard D. will help with venues. Plan for mid-November.

Newsletter: Board discussed the newsletter. Dale V. and Kathy R. discussed re-running 'Street Smarts' articles and guest writers. .

Safety Committee: Discussed the need for a safety committee. Discussed the accident form from our insurance provider. Dana will initiate the accident report with the Insurance co for Bob L. Brad motioned "I move we form a Safety Committee comprised of; Mark Robbins, Dana Black, and Andy Stewart. For the purpose of developing policies and procedures on safety". Andy seconded the motion. The motion passed unanimously.

Bob Lechner Safety Equipment Fund: Kathy R. will draft an E-mail to make RBC members aware of this fund.

Ride for Recovery: Kecia asked RBC to sponsor this event. The board discussed and decided this event was not within RBC's scope of interest. The board decided not to sponsor this event.

Next Meeting: The next Board meeting will be held at 6:30pm on September 10, 2018. Meeting site is Legacy Senior Community at Willow Pond; located on 40 Willow Pond Way, Penfield, NY 14526.

The meeting was adjourned at 8:39pm.

Minutes submitted by Paul Knerr, Secretary.

More on Rides

Adding Rides

Many of us are retired and most of us can take days off now and then. Last summer, at least one ride was posted almost daily. Let's get that going again!

If you are a member of RBC Meetup, you can be notified of added rides via email or push notification. Otherwise, keep your eyes on the RBC Meetup schedule.

Rides are added through our [Schedule a Ride](#) page. It is simple to use (and mobile-friendly!) You must be an RBC member to post. See [Adding Rides](#) for more details.

There is no list of rules ...only common courtesy and understanding of ride leader responsibilities and our club. Most folks like weekday rides in the 20-40 mile range, and not too far to drive. In addition to the local ones, there will be some remote challenging rides. Can there be two rides at once? Of course! However, if someone has already posted a ride similar to what you are considering, it is better not to post another. If you think your ride may be a better choice, contact the other ride leader to see if they are willing to change. It is always nice to gather club members to ride together. We may have different speeds and styles, but for many of us, we can change based on who shows up.

Post a ride, and they will come!

Icing on the Cake



We've got a diverse ride schedule ... one of the best in the country! Take a look for yourself at other club web sites.

As rides approach, please consider putting some "icing on the cake" to make them more interesting & fun. (**icing on the cake** means something that makes a good situation even better)

We encourage leaders *and* attendees to do this. All you need to do is put a note on the Meetup entry for the ride!

Examples:

- special stops or sites on the route -e.g. cider mill, bakery, ice cream
- tailgates - encourage all to bring a drink and snack for after the ride
- meal stop during or after
- swimming at a lake after
- calling all tandems

A Picture is Worth a Thousand Words

People love to see people pics. Cyclists love to see cyclist pics!



Almost all of us have smart phones. *Please* take a photo or two on the rides you attend and post them to the Meetup entry. It's real easy and one of the greatest advertisements for our club. Someone from our RBC Facebook team will see them and post fun ones to our Facebook page. We're creating a great club-wide album that we can look back on!

Member Ads

CANNONDALE SYNAPSE CARBON

\$1,200

Frame	Synapse Carbon
Fork	Synapse S.A. V.E. Ultra Carbon
Frame size	58cm
Rims (NEW)	Shimano Ultegra 6700 Tubeless
Tires (NEW)	Hutchison Fusion Tubeless
Front/Rear Derailleurs	Shimano Ultegra 6700
Brakes	Shimano Ultegra 6700
Brake/Shift Levers	Shimano Ultegra 6700
Cables	GORE Ride On Professional
Crank	Shimano Ultegra 6700 Compact
50/34	
Rear Cassette	Ultegra 6700 11-28
Chain	Shimano Ultegra 6700

Great Condition (See Pictures)
Pedals not included



Call 585 202 9763

For Sale

Trek 7200 WSD

16" Women's Hybrid, 8-speed. Showroom New
(<50 original miles),
Peacock color.

Lists at \$540;
Asking \$300, incl.
wireless computer
Call (585) 752-8027
View Specs at:

<http://www.bikepedia.com/quickbike/BikeSpecs.aspx?>



For Sale

Homemade short wheelbase recumbent bike and
carrier with many accessories.

Reduced price \$95.00

Call Larry Johnson

315-524-8244

The carrier is worth the
price. Bag was \$75.00



For Sale

Panniers:

Red: Arkel "Bug;" Grey: Arkel "Commuter"

Yes I have toured & commuted with them.
~1600 cu. in./25 L each.

The Bug becomes a back pack & has a place for your
helmet on the front. They are a bit too big to use on my
foldie.

These are 1000D Cordora Nylon sprayed with Scotch
guard & I'll include a large ZipLoc bag to make what you
are carrying water resistant/proof.

New \$189 each. These wonderful panniers are now
used & the bottom price is \$50.00 each.

Call or text Harvey Botzman: (585) 363-0310; email:
harvey.botzman@gmail.com



FOR SALE:

1999 Schwinn Paramount, 56cm. Hand built
by Curt Goodrich <http://www.curtgoodrich.com>
with Reynolds 853 steel tubing. It's the 463rd of
about 750 bikes that Curt built.

Components are a mix of Dura-Ace and Ultegra.

A truly fantastic ride. This bike can be seen and
A truly fantastic ride. This bike can be seen and
ridden at Mendon Cyclesmith.

Contact for questions is David Snyder, 943-
4050.

doorknob@rochester.rr.com

Asking \$1,100 / OBO

Member Ads

FOR SALE

Used Bicycle Clothing:

Jerseys – short and long sleeve.

Shorts, tights, socks, gloves.

Bell helmet.

Booties, toe warmers.

arm warmers, leg warmers.

Mostly size medium or large.

Bontrager road shoes,
size 9 US, 42 European.

Bargain priced!

Call G. Mitchell: 585-621-1906

gmitch@rochester.rr.com

For Sale

Gently used Terry Bicycle

- Front tire is 24", back tire is 26".
- It was perfect for my petite 5' height
- The handle bars recently converted to uprights,
- but I have the original parts which can be reattached.
- The saddle will not be included.
- Asking \$300

Contact: Fraida Levinson

fraida.levinson@gmail.com



For Sale:

BMC Pro Machine Carbon Tour de France level race bike.

Ten Speed SRAM Red/Force components.

Compact 50-34 and 11-36 mountain derailleur or
standard Force 11-28 rear derailleur.

Size 52 Frame.

Bike weight under 18 pounds.

Price \$1295. Retail value about \$4,500.

Contact Steve Sussman:

732-763-0784



For Sale

Bacchetta Cafe Recumbent bike. Well-maintained,
excellent condition. New Schwalbe Marathon tires,
some accessories. Loved this bike - many amazing
miles. **Asking \$785**

Call, text or email for more details and more photos.

Neal Holtzman

585-752-7103 (cell)

nealholtzman@yahoo.com



Member Ads

For Sale:

Bacchetta Cafe Recumbent bike.
Well-maintained, excellent condition.
New Schwalbe Marathin tires.
Some accessories.

Loved this bike - many amazing miles.

Asking \$785

Call, text or email for more details and more photos.

Neal Holtzman, 585-752-7103.

nealholtzman@yahoo.com



Seen on Rides



For Sale

LONG WHEELBASE RECUMBENT BIKES

- 1. Rans Stratus XP**
-color red, aluminum frame, SRAM X9 components, with computer and kickstand. Very good condition and well maintained. Asking \$1400
- 2. Rans Extreme**
-color yellow, SRAM X7 components, with computer and kickstand. only 300 miles of use, and well maintained. Asking \$1700



NOTE: PRICES ARE NEGOTIABLE ON ALL ITEMS*

ACCESSORIES FOR SALE-2 bike hitch rack for recumbents (Asking \$300)

-Almost new large that fits on recumbent seat backs (Asking \$80)

Contact: The Bicycle Man at 21 Alfred Station, NY

607-587-8835 Wed-Sat 10am - 6pm

[bicycleman](http://bicycleman.com)

For Sale

Rans Screamer Sport Recumbent Tandem.

Excellent Condition, Independent Pedaling System, New Tires, about 2,000 miles. Asking \$3500.

Contact Dave Hurd at alberthurd@icloud.com

585-493-5751 Home - 585-322-6319 Cell



Two RBC members part of National Program to Promote Cycling

Bonnie MacLean and Lisa Roberts became part of the Bianchi Dama Ambassador program this summer. They have partnered with Les Eisenberg of Tryon Bike to help get more people involved in bicycling and into local bike shops. The program gained the attention of Bicycle Retailer magazine, which included this article describing the program in their September issue: <https://www.bicycleretailer.com/retail-news/2018/09/17/bianchis-women-ambassadors-go-beyond-brand-promote-cycling#.W6PDTRopChD>
As part of the program, Tryon Bike will be hosting occasional events aimed at getting the community excited about cycling possibilities. Here is the first event.

Tryon Bike's Fantasma Fun Ride

Powered by Bianchi



October 28

3:00-5:00

Tryon Bike

80 Rockwood Place, Rochester NY 14610

A costume ride! The route will be 10-15ish miles starting from Tryon Bike. We'll mostly ride bike trails away from traffic, with stops at Mt Hope Cemetery and the Public Market. A fun, flat, family friendly ride and a great opportunity to invite someone to join you who may be new to cycling. Lots of prizes for the coolest riders and costumes.

So start planning your costume and plan to join us!

www.tryonbike.com

RENT THIS SPACE!

Simply send me a copy of the ad sized as in the information below, then go to the rochesterbicyclingclub.org website, and below the banner click on "News and Events", then select "Place a Newsletter Ad" and follow the instructions, which include the various methods for prepaying for the ad .

Show our readership your Business Ad!

Rates are:

\$10.00 1/4 Page (of 8-1/2 x 11)

\$15.00 1/2 Page

\$25.00 Full Page

The Full Page Area is: 8" W x 9.5" H

The 1/2 Page Area is: 8" W x 3-7/8" H OR 4-5/8" W x 9.5" H

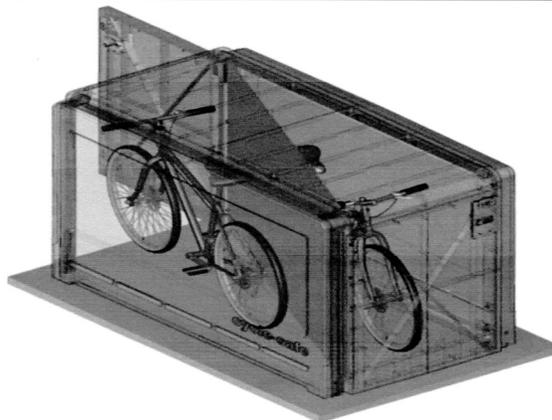
The 1/4 Page Area is: 3-7/8" W x 4-5/8" H



BikeTo Work

**Then park your
bike Safe and
Secure in one of
our Bike Lockers**

- **High Falls Garage**, State Street near WXXI, Kodak and the Inner Loop
- **Sister Cities Garage**, near City Hall, and the County Office Building
- **Court Street Garage**, near the Rundel Library and Excellus
- **South Avenue Garage**, near the Convention Center
- **Washington Square Garage**, near GeVa and the Strong Museum
- **East End Garage**, near the YMCA and Eastman Theater



Rental Periods and Rates

Apr 1 – Nov 30 Three-Seasons \$40	Dec 1 – Mar 31 Winter \$20	Apr 1 – Mar 31 All Year \$50
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To rent one, contact **Bruce Wilbur**, City of Rochester Bureau of Parking 585-428-6587

2018 RBC Board of Directors

Red Titles are Voting Members

Blue Titles are non-voting members

Officers: (Voting)

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Bike Cases

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Winter Meeting

Brian Managan
No phone
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LAB Touring

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